

# INTRODUCTION

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## I. WHAT IS GOD'S GREATEST PURPOSE FOR HIS CHILDREN?

### A. POSSIBLE ANSWERS

1. Serve the Lord.
2. Obey the Lord.
3. Love the Lord.
4. Honor the Lord.
5. Glorify God.

What does this mean?

Possibilities

- a.
- b.
- c.
- d.
- e.
- f.

### B. GOD'S ANSWER

1. God's highest glory is His Son (*Hebrews 1:1-6*).
2. God's purpose is similar to why we had children (*Psalms 127:3-5*).

## II. WHAT HINDERS GOD'S PURPOSE? (FLESH)

### A. THE FIRST WHEEL DIAGRAM.

1. Man is a tri-Unity.
2. Interaction of each part.

B. HOW THE FLESH BEGAN.

1. It builds an identity around itself.
2. It tries to cope with or without God's help.

III. OUR PLAN IN THIS CONFERENCE IS TO UNFOLD GOD'S PURPOSE AND YOUR PARTICIPATION IN IT.

A. THE NATURE OF THE SELF-LIFE.

B. THE EXCHANGED LIFE.

C. THE JOURNEY TO THE CROSS.

(God's use of suffering to glorify His Son through us.)

D. THE BELIEVER'S NEW IDENTITY.

E. THE EXCHANGED LIFE MADE REAL (A Video Tape).

F. THE BELIEVER'S VICTORY.

G. LIVING THE EXCHANGED LIFE.

# Introduction to the Exchanged Life Conference

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## **I. What is God's greatest purpose for his children?**

### A. Possible Answers

1. Serve the Lord
2. Obey the Lord
3. Love the Lord
4. Glorify the Lord

What does this mean?  
Possibilities

Producing right behavior does not necessarily glorify God

### B. God's Answer

It is Jesus Christ expressing his life in and through us that gives God  
His greatest glory

## **II. What hinders God's purposes?**

### A. Two ways of living

B. The flesh hinders the expression of Christ's Life through us.

**III. What is our plan for this conference? (To unfold God's purpose and your participation in it)**

- A. The Problem - (Nature of the Flesh)
- B. The Solution - (The Exchanged Life)
- C. Experiencing the Solution - (Journey to the Cross)
- D. A New Creation - (The Believer's Identity)
- D. Overcoming Strongholds - (The Believer's Victory)
- F. Living the Exchanged Life

# THE NATURE OF THE FLESH

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## INTRODUCTION

### A. A REVELATION IS NEEDED!

"To me to live is Christ. No believer will truly come to know the Lord Jesus as His Life until he knows by experience the deadly self-life deep within for what it is. Dr. Scofield said: 'Not everyone, by any means, has had the experience of the seventh of Romans, that agony of conflict. It is a great blessing when a person begins to realize the awful conflict of its struggle and defeat. Of all the needy classes of people, the neediest of this earth are not those who are having a heartbreaking, agonizing struggle for victory, but those who are having *no* struggle at all and *no* victory, and who do not know it and who are satisfied and jogging along in a pitiable absence of almost all the possessions that belong to them in Christ.'

"Self-revelation precedes divine revelation — that is a principle for both the humbling of self for salvation and the breaking of self for spiritual growth. The believer who is going through struggle and failure is the Christian who is being carefully and lovingly handled by his Lord in a very personal way. He is being taken through the experience of self-revelation and into death; the only basis upon which to know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death (Phil. 3:10)."

Miles Stanford, STEPS TO SPIRITUAL GROWTH

### B. A BIBLICAL PERSPECTIVE OF FLESH.

Depending on which version of the Bible you use, the "flesh" may also be known as the "sinful nature," "self," or as we use it in this conference — the "self-life." Later in the conference it will be distinguished from the "old man" and the "power of sin." The flesh may be defined as a condition in which man operates out of his own resources, doing things his way. Thus, a person may be attempting to achieve his own acceptance or/and his own victory. The flesh is in operation in a non-Christian continuously. In a Christian, the flesh is operating whenever the believer is not abiding in Christ and walking by the Spirit, and thus is operating under the power of "indwelling sin." This too will be explained further in the conference.

The flesh in a Christian attempts to develop a self-identity or self-image which is *not* centered around the believer's identity in Christ but around one's self. As this development progresses, the defeated Christian is habituated to the false identity. He is "living according to the flesh" (Rom. 8:1-17, especially vv. 4-5).

# THE NATURE OF THE FLESH

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## I. THE FLESH DEFINED.

We know from the Scriptures and from our experience as believers in Christ that the flesh in us is the great hindrance of Christ manifesting His Life through us. We can observe this by the Epistle of First Corinthians (3:1-4; Chapter 5 and Chapter 6).

### A. A PRACTICAL DEFINITION:

Flesh is our living out of our own natural resources.

### B. A BIBLICAL DEFINITION:

Flesh is our turning "every man (person) to his own way" (Isaiah 53:6).

## II. THE VARIETIES OF FLESH

There are several we could describe, but here are a few:

### A. THE WELL-ADJUSTED PERSON.

He usually is out-going, happy and can be kind to others or even philanthropic. Job in the Old Testament is a Biblical example (Job 29:1-25).

### B. THE RELIGIOUS PERSON.

He usually tends to be devout and active in religious things, and may even be a leader in a church or synagogue. The Pharisees of our Lord's days on earth are examples of such religious flesh (Matthew 23:1-36).

### C. THE SELF-DEPRECIATING, INFERIOR PERSON.

He usually is down on himself, having a false humility. He may even look on himself as being no good to God or anyone.

### D. THE PASSIVE PERSON.

He usually lets others take the lead and merely does what he is told to do. He may mistake this for being in submission.

### E. THE SELF-CENTERED PERSON.

He usually thinks of his gratification, his own way, his pleasure, and for others to serve him or be manipulated by him.

F. THE VIOLENT PERSON.

He usually vents his anger, and can be verbally and physically abusive. He could even become a Charles Manson type of person and murder people to get his own way.

TO SUM IT UP: Human flesh can produce some human good, and it can produce human evil.

III. THE RECOGNITION OF FLESH (THE PURPOSE OF THIS SESSION)

IV. THE COMMON CHARACTERISTICS OF FLESH.

A. Flesh is a \_\_\_\_\_

- 1. To keep God from controlling or getting too close to us.
- 2. To keep from being overwhelmed by circumstances.
- 3. To protect self: to be sure I control others rather than they control me.
- 4. Various methods flesh seeks to control:

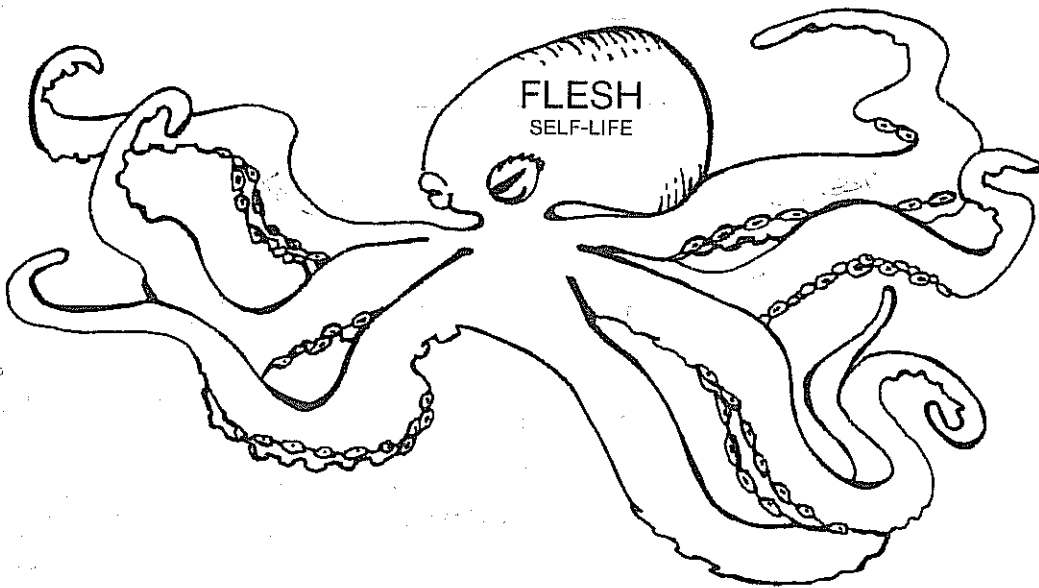
- a. \_\_\_\_\_
- b. \_\_\_\_\_
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- g. \_\_\_\_\_

- h. \_\_\_\_\_
- i. \_\_\_\_\_
- j. \_\_\_\_\_
- k. \_\_\_\_\_
- l. \_\_\_\_\_
- m. \_\_\_\_\_

B. FLESH IS LIKE A \_\_\_\_\_

C. FLESH IS LIKE AN \_\_\_\_\_

### THE OCTOPUS



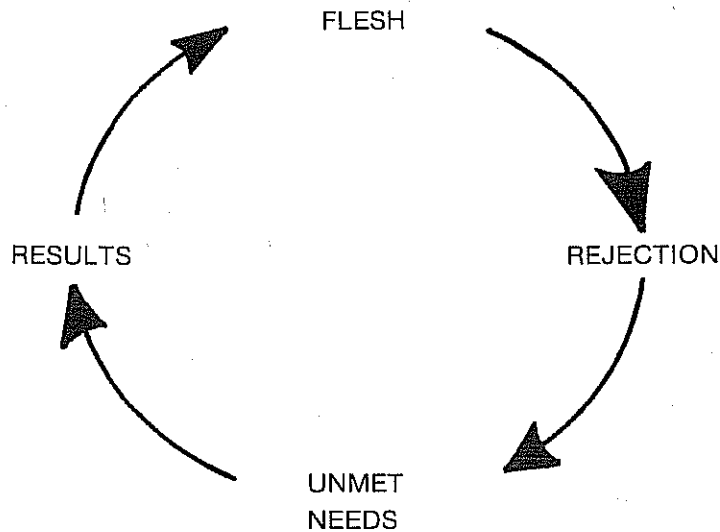
D. FLESH IS A \_\_\_\_\_.

E. FLESH BUILDS ITS IDENTITY AROUND \_\_\_\_\_.

F. FLESH IS A \_\_\_\_\_.

Not all mental and spiritual disorders come from rejection, of course (they can also derive from trauma, organic problems, drugs, the demonic, and from non-Biblical thinking). However, since one of your most basic human needs is for acceptance, when rejection is experienced this need goes unmet through the absence or withdrawal of meaningful love. This has had a profound effect upon you. The circle shows what happens.

When your flesh and others' interact, some people will *reject* you, depriving you of the love and acceptance you need. You, in experiencing this *unmet need*, will then see certain *results* in your life that we will delineate in a few moments. You then will respond out of your own *flesh* trying to feel these needs by your own devices. In this process, you in turn will end up rejecting other people and the spiral of rejection is set in motion. This is the rejection cycle:



1. Overt rejection — example

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_
- g. \_\_\_\_\_
- h. \_\_\_\_\_
- i. \_\_\_\_\_
- j. \_\_\_\_\_

2. Covert rejection — example

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_
- g. \_\_\_\_\_
- h. \_\_\_\_\_
- i. \_\_\_\_\_
- j. \_\_\_\_\_

Rejection results in development of attitudes and feelings about oneself which are negative, untrue, and destructive.

3. Effects of rejection (Life's Messages Diagram)

a. Example:

Criticism, cursing, name calling and over-protection can produce attitudes of:

- inferiority
- worthlessness
- self-condemnation
- depression
- self-hatred

b. Example:

Performance Based Acceptance may generate:

- perfectionism
- bitterness
- anger, belligerence
- anxiety, fear, insecurity

c. Example:

Abusive rejection (physically and/or emotionally) may develop in children:

- suppression of feelings
- denial of feelings
- passing abuse on to the next generation
- subjectivity (controlled by feelings, old patterns, old conditioning)

d. Example:

A person who could never do anything right, was never allowed to do anything, make decisions, or learn by trial and error (overprotection) might develop patterns of behavior reflecting:

- irresponsibility
- passive-aggressiveness
- ambivalence

e. Example:

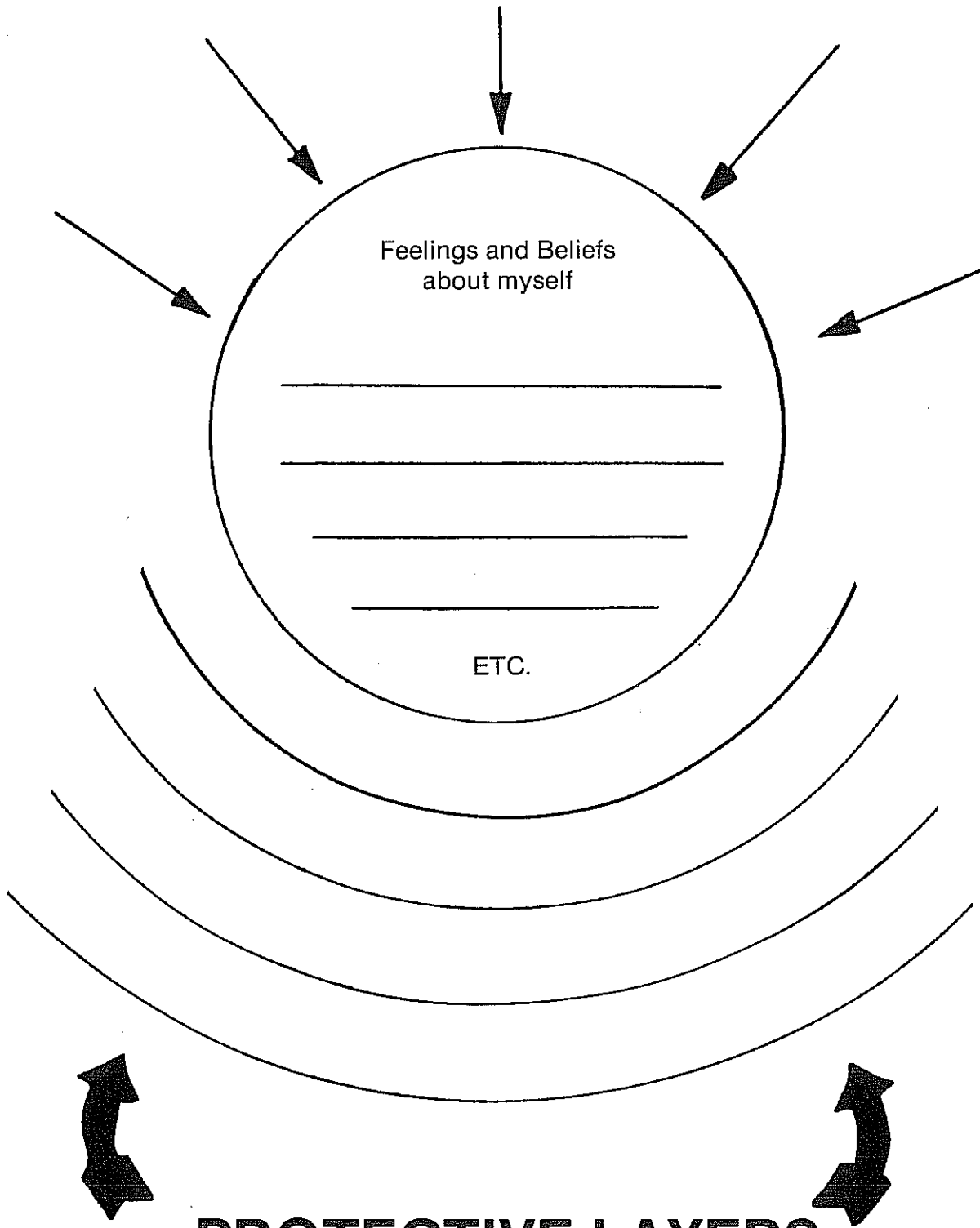
Other general patterns of behavior resulting from rejection might be:

- distrust
- resentment
- rejection of love
- condemnation of others
- etc.

## G. SUMMARY — REJECTION BREEDS REJECTION!

1. It has multidimensional effect in that it can affect marriages, the 2nd and 3rd generations, attitudes toward God, and human authority.
2. It can result in defensive and secondary measures such as:
  - self-justification (instead of justification by faith)
  - retaliation
  - self-protection
  - tighter control (by self)
  - blame shifting
  - worrying
  - bragging

# LIFE'S MESSAGES

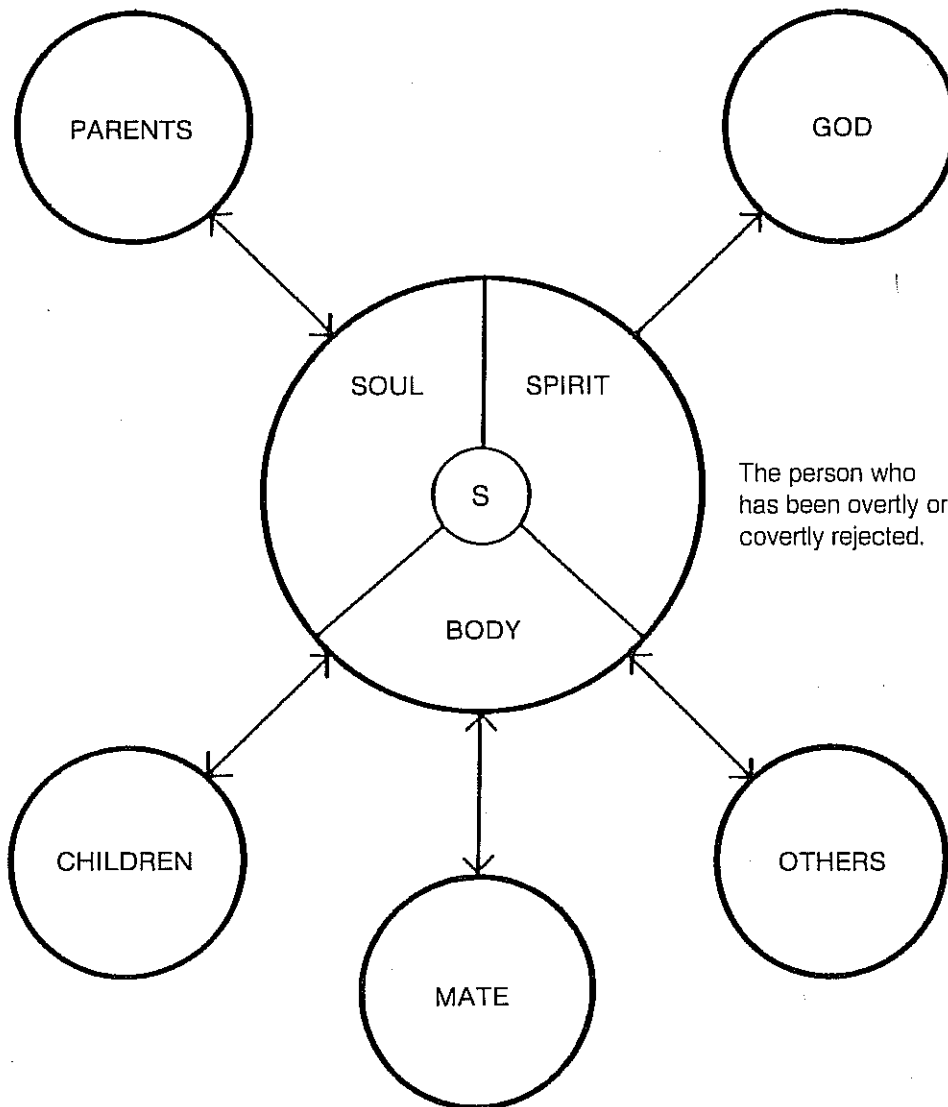


**PROTECTIVE LAYERS**  
of the FLESH (Self-Life)

# SUMMARY REJECTION SYNDROME

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## REJECTION ILLUSTRATED



In all of the above relationships except with God, the person is rejected and reciprocates with rejection. He also rejects God, at least for a time, but never succeeds in getting God to reject him.

# A Fundamental Human Need

Oh, to know acceptance  
In a feeling sort of way;  
To be known for what I am —  
Not what I do or say.  
It's nice to be loved and wanted  
For the person I seem to be,  
But my heart cries out to be loved  
For the person who is really me!

To be able to drop all the fronts  
And share with another my fears,  
Would bring such relief to my soul,  
Though accompanied by many tears.  
When I find this can be done  
Without the pain of rejection,  
Then will my joy be complete  
And feelings toward self know correction.

The path to feeling acceptance of God,  
Is paved with acceptance on earth;  
Being valued by others I love  
Enhances my own feeling of worth.  
Oh, the release and freedom He gives  
As I behold His wonderful face—  
As Jesus makes real my acceptance in Him,  
And I learn the true meaning of grace.

C. R. Solomon



**I. The Flesh Defined**

A. Traditional Religious View

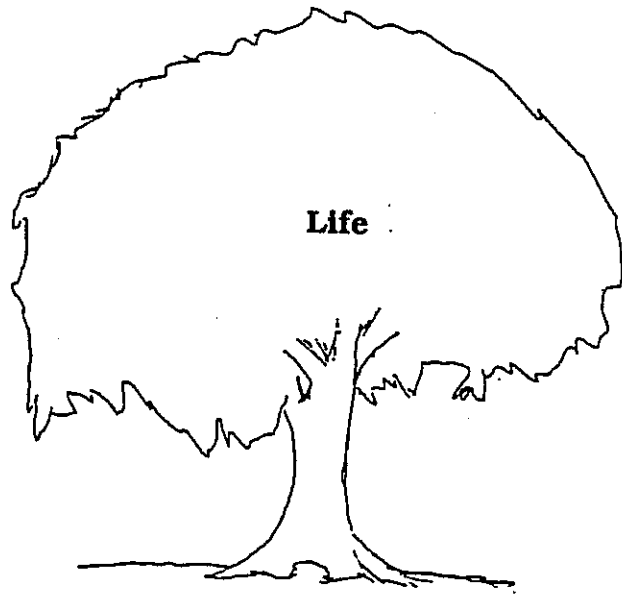
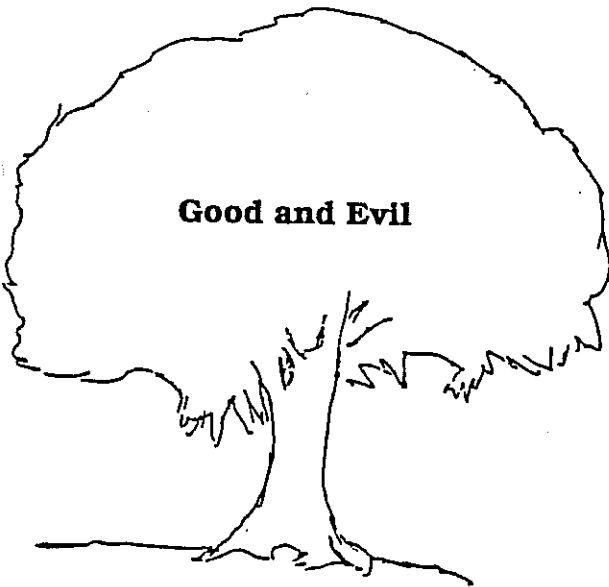
B. The Biblical View

**II. The Biblical Origin**

**The Two Trees**

**The Tree of Knowledge of**

**The Tree of**



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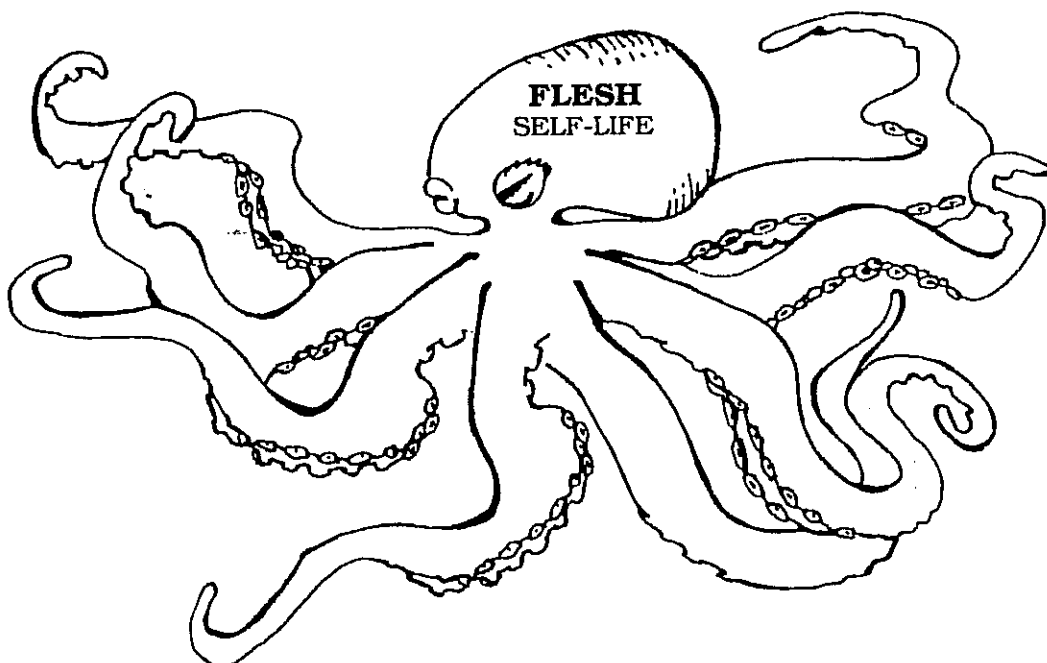
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**Summary**



B. Flesh is \_\_\_\_\_.

C. Flesh is like an \_\_\_\_\_.



D. Flesh is a \_\_\_\_\_ or \_\_\_\_\_.

E. The flesh is \_\_\_\_\_.

F. Flesh builds its identity based on \_\_\_\_\_.

G. Flesh is \_\_\_\_\_.

H. Flesh is an \_\_\_\_\_.

I. Flesh is a \_\_\_\_\_.

V. The Flesh Illustrated

**Messages About Myself That I Have Received . . .**

|  |  |  |  |  |
|--|--|--|--|--|
|  |  |  |  |  |
|--|--|--|--|--|

**Have Made Me Feel  
And Think This  
Way About  
Myself...**

**FEELINGS**

**BELIEFS**

*which motivates me to build protective layers like these.*

# Manifestations of the Flesh (Strategies of Living)

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Below is a list of words and phrases which may portray you much of the time when you are under pressure.

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**To cope when things aren't going right or going my way, I tend to ...**

**become self-absorbed (self-consumed) by:**

- becoming overly introspective
- feeling sorry for myself
- engaging in self-pity
- getting depressed by stuffing my anger and frustrations
- beating up on myself (hating myself)
- focusing on my suffering and trials to get attention and sympathy
- playing the role of a victim/martyr

**withdraw**

**(isolate myself) by:**

- becoming aloof (pull away)
- going into a shell
- running and hiding (escape)
- distancing myself from others
- avoiding others (becoming a loner)
- becoming unapproachable
- being overly introverted
- retreating to the silent treatment
- not communicating

**become obsessed with:**

- accomplishments
- recognition
- status
- how I look
- what others think of me
- my physical health
- the past (especially past hurts and past failures)
- a devotion to a cause
- structure, order, rules, regulations

**escape pain/pressure through:**

- carousing
- drugs/alcohol
- staying busy
- television
- athletics
- hobbies/games
- computers
- pornography
- entertainment
- overeating
- religious activity & service
- becoming a workaholic
- work (career, business, job)
- gloom & doom thinking (refuse to see the positive)
- sex
- talking
- school
- sleep
- religion
- reading
- fantasy
- movies

**become self-disciplined (self-reliant) by:**

- becoming a perfectionist
- overcompensating by trying even harder so as not to fail
- becoming legalistic
- living "by the book"
- living by rules (have to's, should's, must's, ought's)
- becoming too hard and strict on myself and others
- setting unrealistic standards for myself and others
- basing acceptance (of self and others) on performance
- fearing making mistakes

**become self-indulgent (self-gratifying) by:**

- becoming impulsive (hasty)
- buying things to feel better
- assuming "if it feels good, do it"
- becoming compulsive (lacking self-control)
- lusting (craving) for:
  - alcohol
  - caffeine
  - sugar
  - cigarettes
  - drugs
  - sex
  - junk food

**become anxious (worry and fret) by:**

- becoming fearful (apprehensive)
- lacking peace and rest
- becoming paralyzed (go numb)
- becoming paranoid (overly suspicious)
- seeking astrology, horoscopes, fortune telling (tarot cards, palm reading, ouija boards, etc.) and/or the occult for guidance and strength

**become dominant by:**

- becoming dictatorial (bossy)
- becoming demanding (pushy)
- becoming overbearing (controlling)
- becoming manipulative
- intimidating others
- demanding my rights

**try to stay in control through:**

- blackmail (making threats)
- manipulation (use coercion)
- profanity (swearing)
- the silent treatment
- passivity (play helpless)
- not eating (anorexia/bulimia)
- use of guilt
- favoritism

**come across as insensitive, uncaring, indifferent, unconcerned, and/or unsympathetic**

**becoming complacent (nonchalant) by:**

- saying things like, "It doesn't matter...it's ok"

**To cope when things aren't going right or going my way, I tend to ...**

**challenge others by:**

- resisting authority
- becoming uncooperative (unteachable)
- causing dissension (strife)
- irritating (aggravating) others
- becoming argumentative, rigid, inflexible, close-minded, stubborn, obstinate, unreasonable, or unyielding

**become pessimistic by:**

- lacking confidence and optimism
- becoming skeptical (suspicious)
- distrusting others, myself, God, church, and/or government
- expecting the worse
- assuming the worse case scenario to protect myself from disappointment and pain
- never being satisfied or content
- never being pleased with self/others
- becoming jealous of other's success and happiness

**develop a critical attitude by:**

- finding fault with others, myself, and everything around me
- nit-picking things to death
- becoming judgmental (opinionated)
- becoming prejudiced (intolerant)
- complaining a lot (becoming negative)

**become hostile**

**(vent my anger) by:**

- becoming unfriendly (cynical)
- becoming hateful (malicious)
- becoming harsh (cruel and brutal)
- becoming sarcastic (caustic)
- having a quick temper

**become self-assured**

**(self-confident) by:**

- depending on myself instead of God
- becoming proud (haughty)
- becoming egocentric (acting pompous)
- bragging (being boastful)
- becoming arrogant (cocky)
- having a superior attitude (saying in effect:  
I must always be right ...  
I must always win ...  
I must always be the best)
- pretending like I know it all
- becoming conceited (smug)
- having difficulty asking for help

**become self-righteous**

**(self-justifying) by:**

- becoming defensive
- making excuses (rationalize)
- covering up and hiding mistakes
- assuming I am never the problem
- pointing to someone or something else as the problem
- avoiding taking responsibility for failure or problems
- becoming critical of others (blaming others)
- having difficulty:
  - admitting I was wrong
  - apologizing
  - asking for forgiveness
  - expressing gratitude

**become tense**

**(nervous and agitated) by:**

- finding it hard to relax
- becoming restless (high strung)
- becoming impatient

**become emotionally**

**insulated by:**

- keeping people at a distance
- becoming inhibited (bottling up emotions)
- avoiding intimacy
- denying feelings having difficulty expressing feelings and opinions openly and honestly
- becoming unable to express love in a meaningful way

**deny reality by:**

- ignoring problems and hoping they will go away
- denying anything is bad or wrong
- lying (mislead)
- deceiving others and myself
- exaggerating (overstate matters)
- playing games to hide real intent
- conning people to get what I want

**holding a grudge**

**(be resentful) by:**

- becoming moody (sulk)
- harboring bitterness
- becoming unforgiving
- keeping a scorecard of wrongs done to me or by me
- trying to get even (seeking revenge)
- wanting others to fail or get hurt
- punishing myself or others

**fighting unfair**

**(take cheap shots) by:**

- becoming slanderous (misrepresent the actual situation)
- gossiping (talking behind other's backs)
- engaging in passive-aggressive behavior (i.e. using humor to hide real feelings, becoming sarcastic, refusing to communicate, becoming passive, forgetting things, procrastinating, being late, etc.)

**putting up a front (can't be real) by:**

- faking it (hiding what I really think and feel)
- putting on a show (performing) to get attention and impress others
- becoming pretentious (phony, unreal)
- becoming superficial (plastic)
- becoming gushy (too sentimental)

**lack compassion, kindness, understanding, gentleness, and love**

**To cope when things aren't going right or going my way, I tend to ...**

**living by my feelings by:**

- becoming too subjective (believing that truth is only what I feel)
- believing I'm ok only when I feel ok
- becoming too sensitive to criticism
- becoming hypersensitive
- taking things too personally
- reading in rejection when it isn't there, or setting things up to bring about rejections
- becoming touchy (irritable)
- being controlled by anger, doubts, emotions, fear, etc.

**become a pleaser (be nice) by:**

- trying to be all things to all people
- trying to do the "proper /correct" thing
- trying to keep everyone happy
- trying to keep peace at all cost
- avoiding conflict at all cost
- becoming a doormat (letting others take advantage of me)
- expressing to others what I think they want to hear
- giving into others too easily
- becoming controlled by others
- having difficulty:
  - saying no
  - setting boundaries
  - standing up for myself
- becoming overly compliant
- becoming too submissive

**become passive (lack initiative) by:**

- quitting too easily (giving up)
- not taking chances
- playing it safe (pulling back and waiting)
- waiting for someone to tell me what to do and how to think
- depending on others instead of God
- vacillating (becoming too changeable)

- becoming indecisive (not making decisions)
- wanting someone else to make the decision for me
- avoiding failure at all cost
- procrastinating (putting things off)
- becoming irresponsible (becoming unreliable)
- becoming lazy, apathetic, lethargic

**become self-depreciating (self-condemning/self-critical) by:**

- assuming I am always the problem
- becoming overly apologetic
- becoming too hard on myself
- having difficulty:
  - receiving love
  - receiving complements
  - receiving forgiveness
  - forgiving myself
- clinging (becoming a leach) to those who finally accept me
- becoming uncomfortable with success

**become a caretaker (rescuer) by:**

- becoming overprotective
- taking responsibility for other's feelings (becoming overly responsible)
- making decisions for others
- giving unsolicited advice
- trying to prevent other's failure
- becoming possessive (selfish)
- becoming a busybody (becoming too involved in other's affairs)
- becoming preachy (lecturing others)
- trying to find someone who needs me and who I can rescue
- nagging (badgering)
- talking too much and listen poorly

**become too intense (overly serious) by:**

- becoming stoical (unemotional)
- having trouble dealing with feelings
- becoming overly analytical

- becoming stern (solemn/formal)
- lacking joy or life
- not being fun to be with

# THE EXCHANGED LIFE

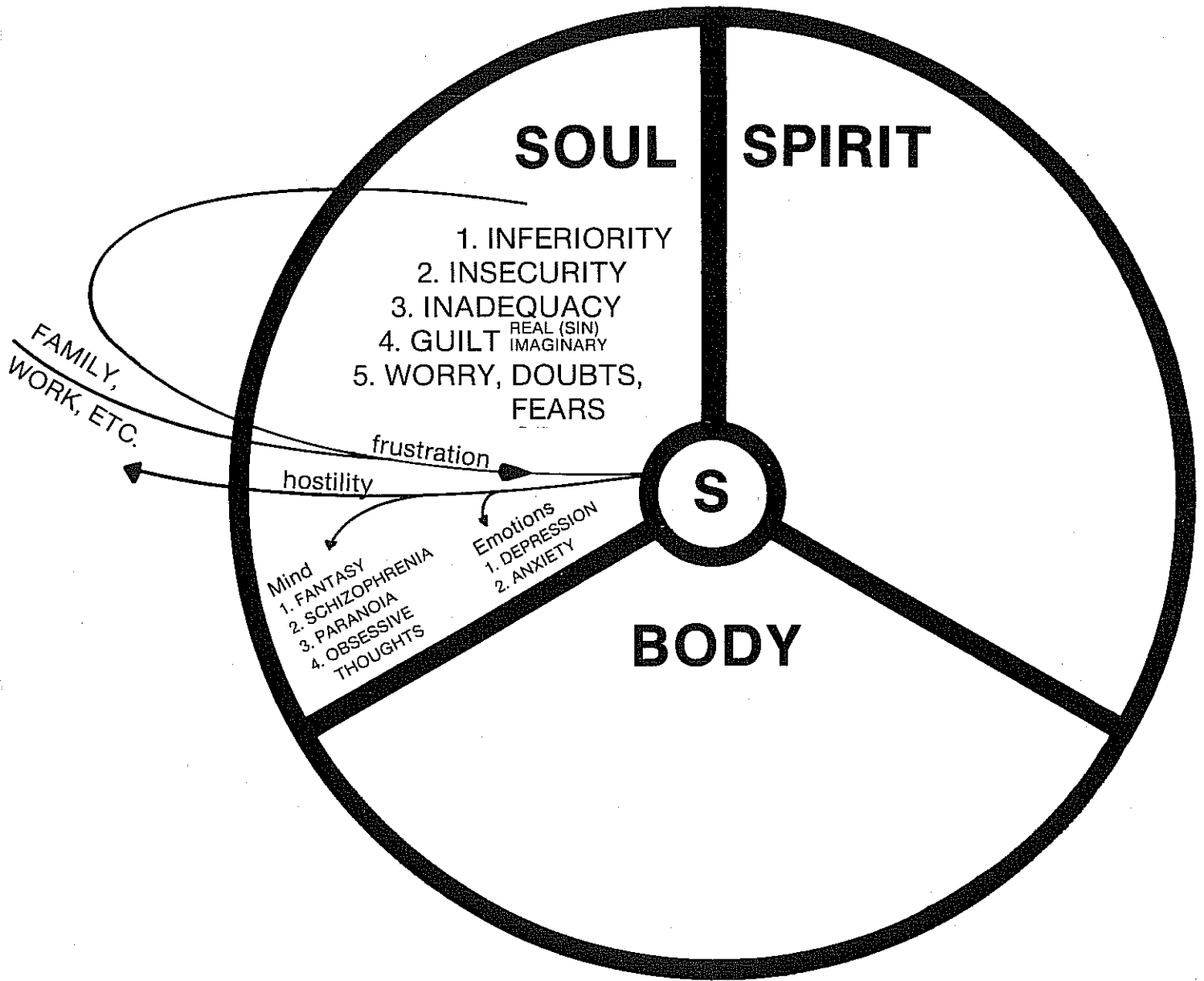
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# THE WHEEL DIAGRAMS



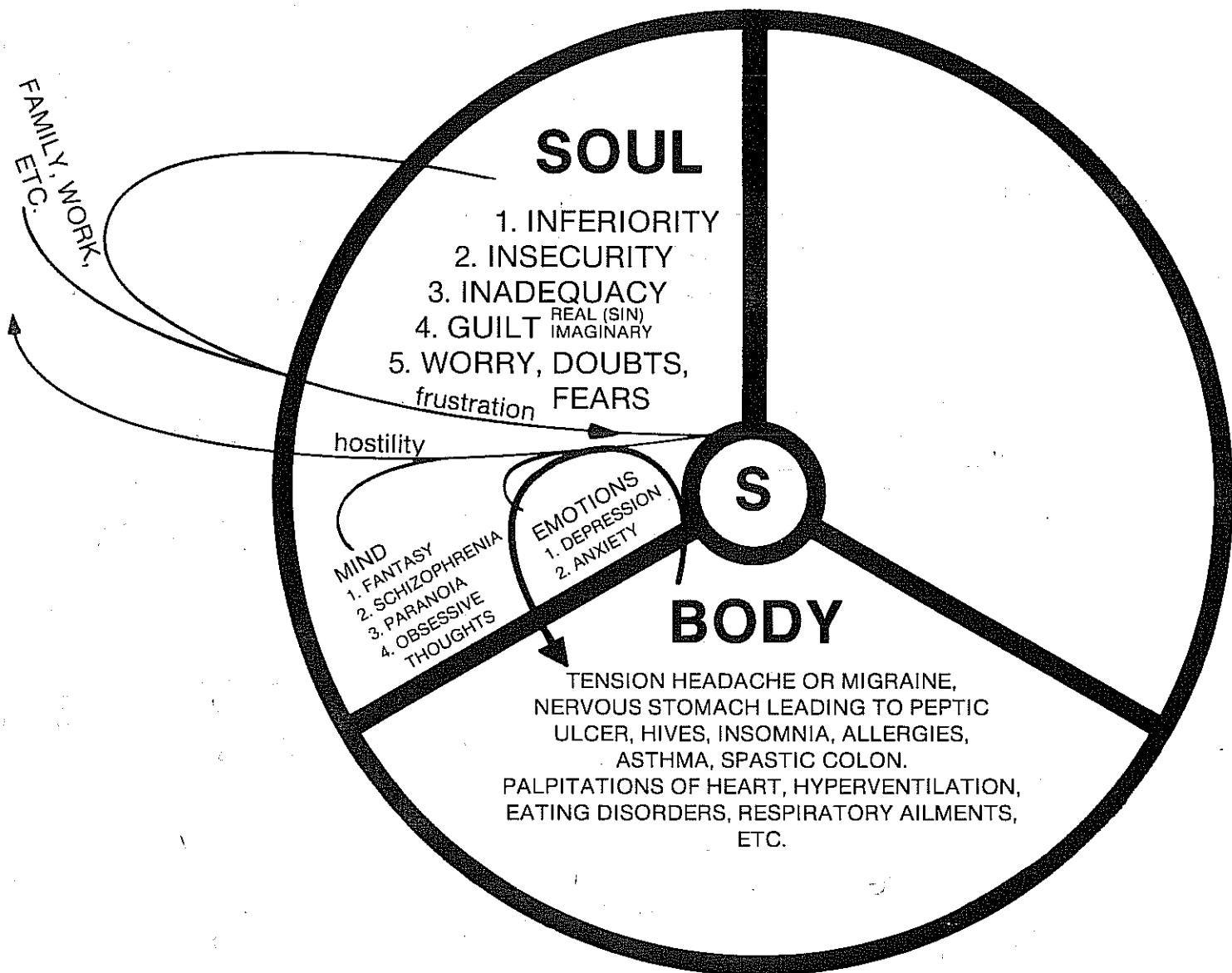
## Man — a tri-unity

### NOTES:



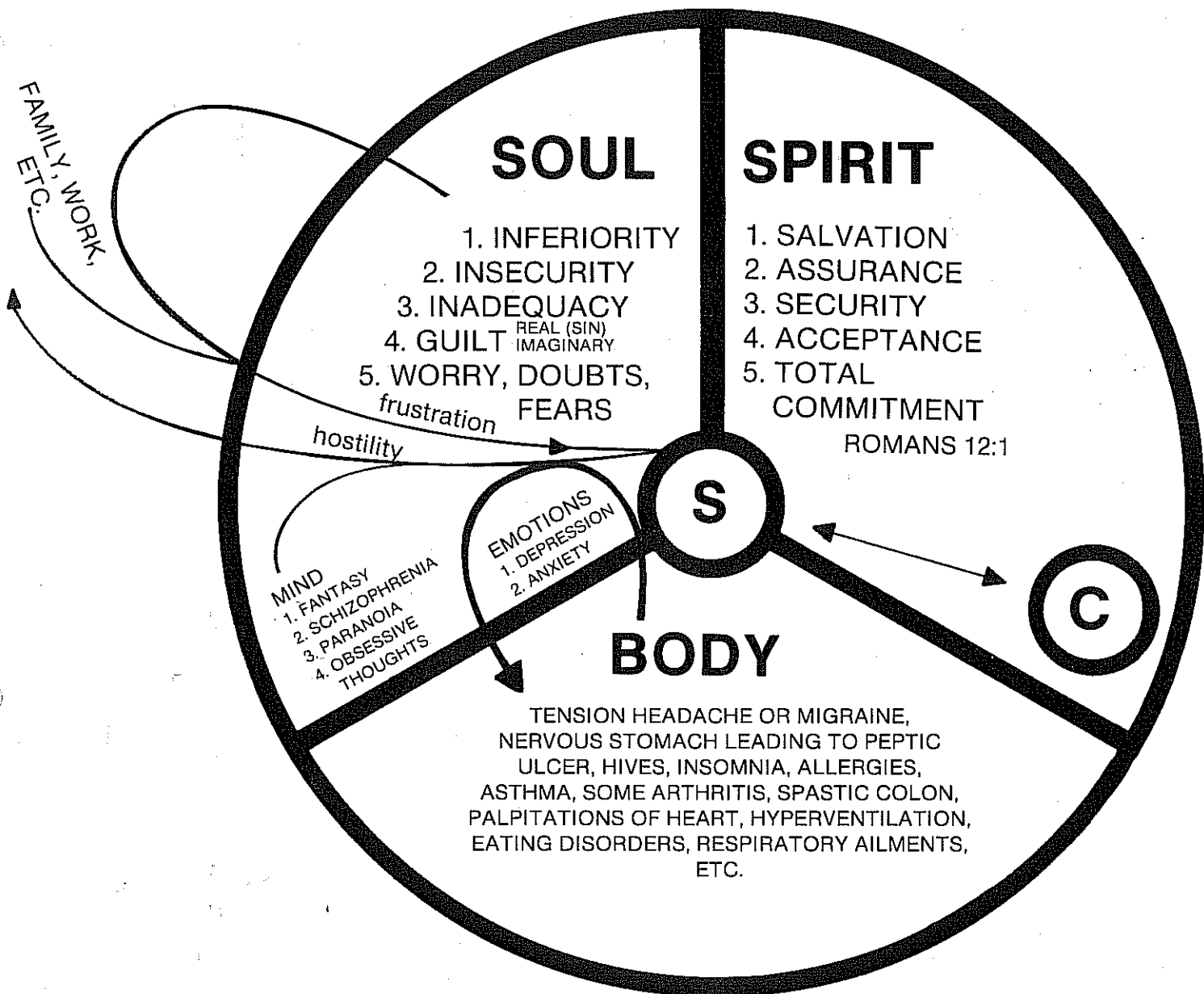
**SOUL:**

- 1.
- 2.
- 3.
- 4.
- 5.



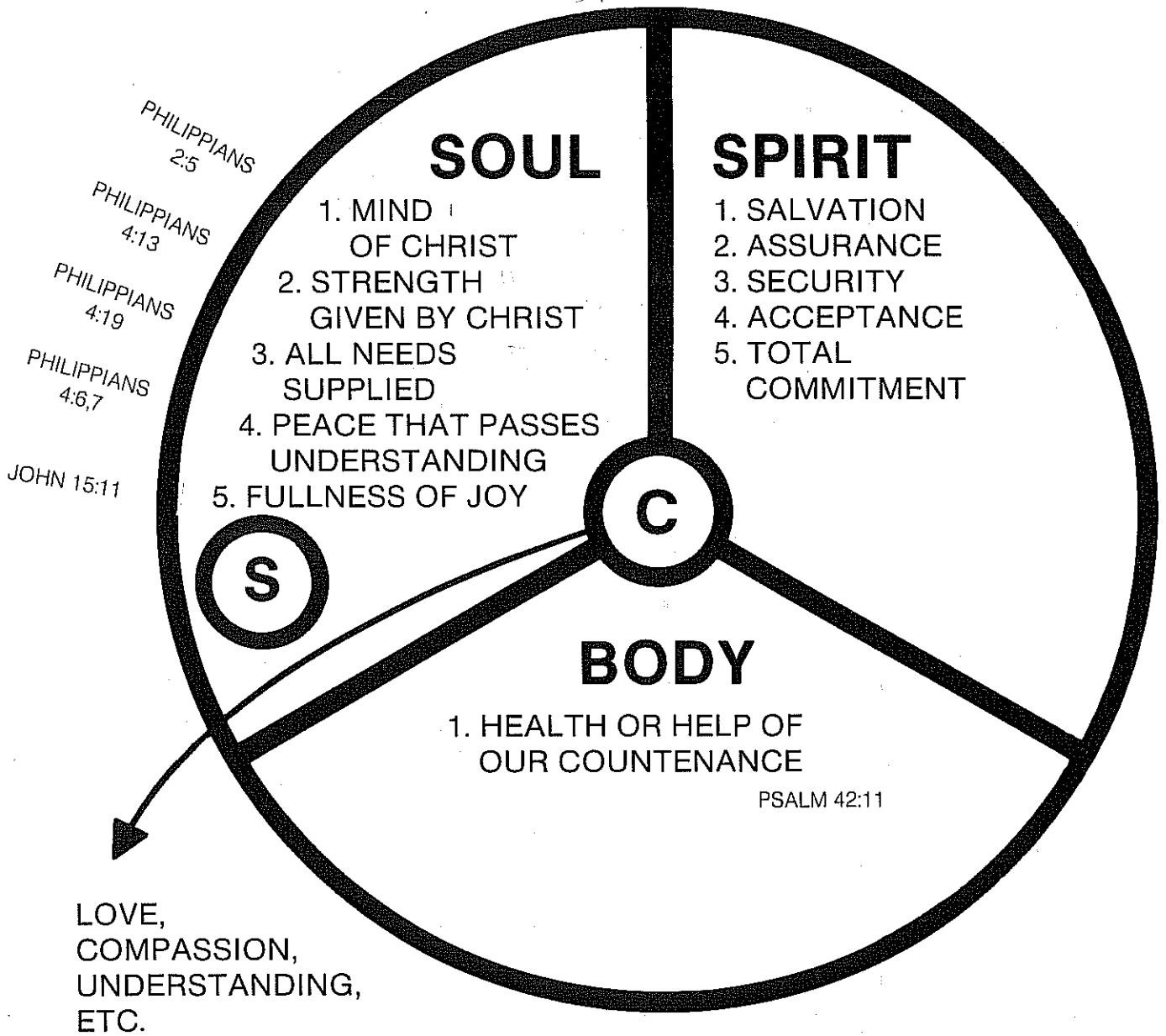
**BODY:**

\*Note — not all these physical disorders are always due to anxiety, internal pressure and stress.



**SPIRIT:**

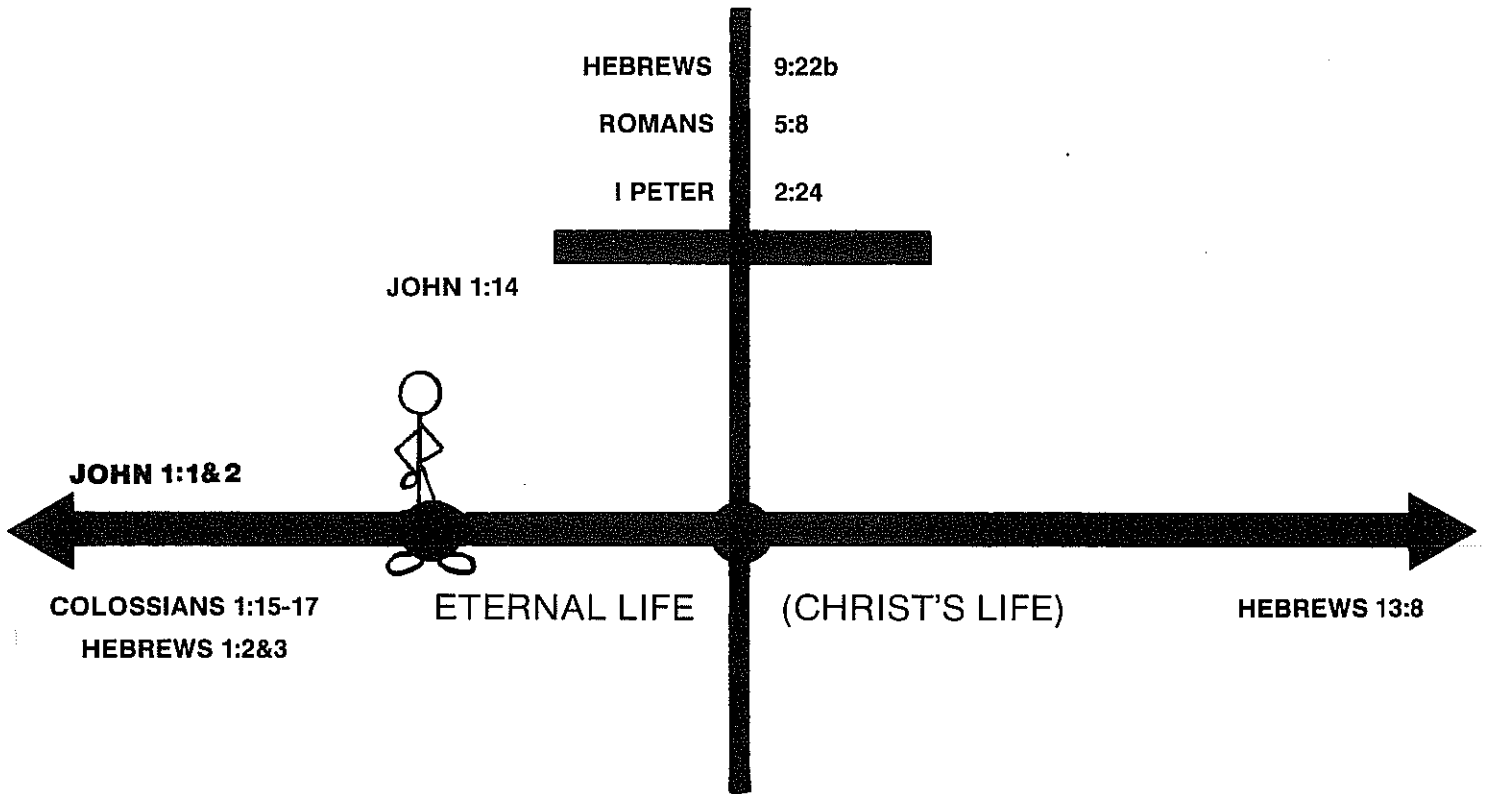
- 1.
- 2.
- 3.
- 4.
- 5.



**RESULTS OF EXCHANGED LIFE:**

# THE LINE DIAGRAMS

“ ... RECONCILED TO GOD BY  
THE DEATH OF HIS SON ... ”



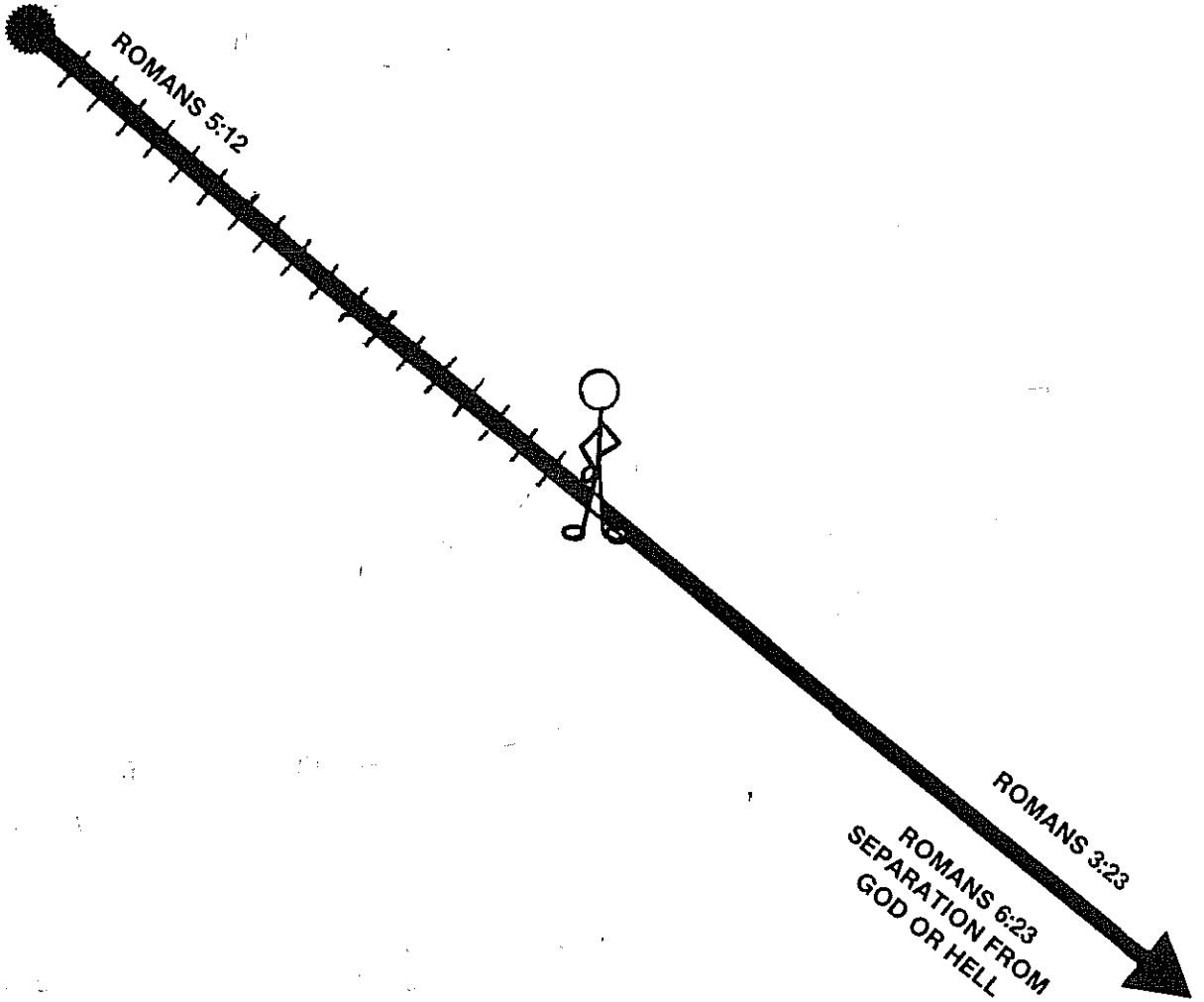
“...SO BY THE OBEDIENCE  
OF ONE SHALL MANY  
BE MADE RIGHTEOUS.”

Eternal Life is \_\_\_\_\_ .

I John 5:11, 12, 20.

I John 1:1, 2.

LIFE IN  
ADAM

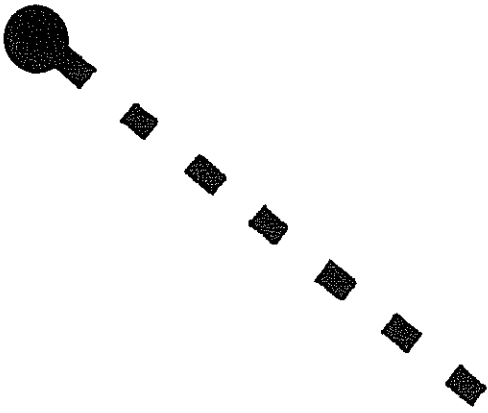


**NOTES:**

IN CHRIST (HEAVEN)

EPHESIANS 2:6  
COLOSSIANS 3:1-3

ADAM

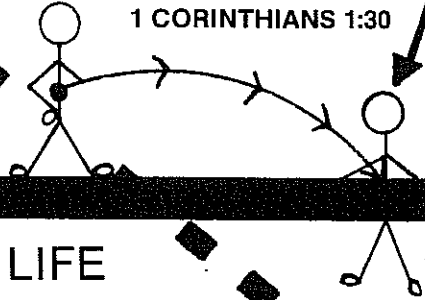


SPIRITUAL BIRTH



GALATIANS 2:20  
ROMANS 6:6

1 CORINTHIANS 1:30



ETERNAL

LIFE

EPHESIANS 1:4

ROMANS 6:4, 5

"...Saved by his life." Romans 5:10b  
"...Risen with Christ..." Colossians 3:1

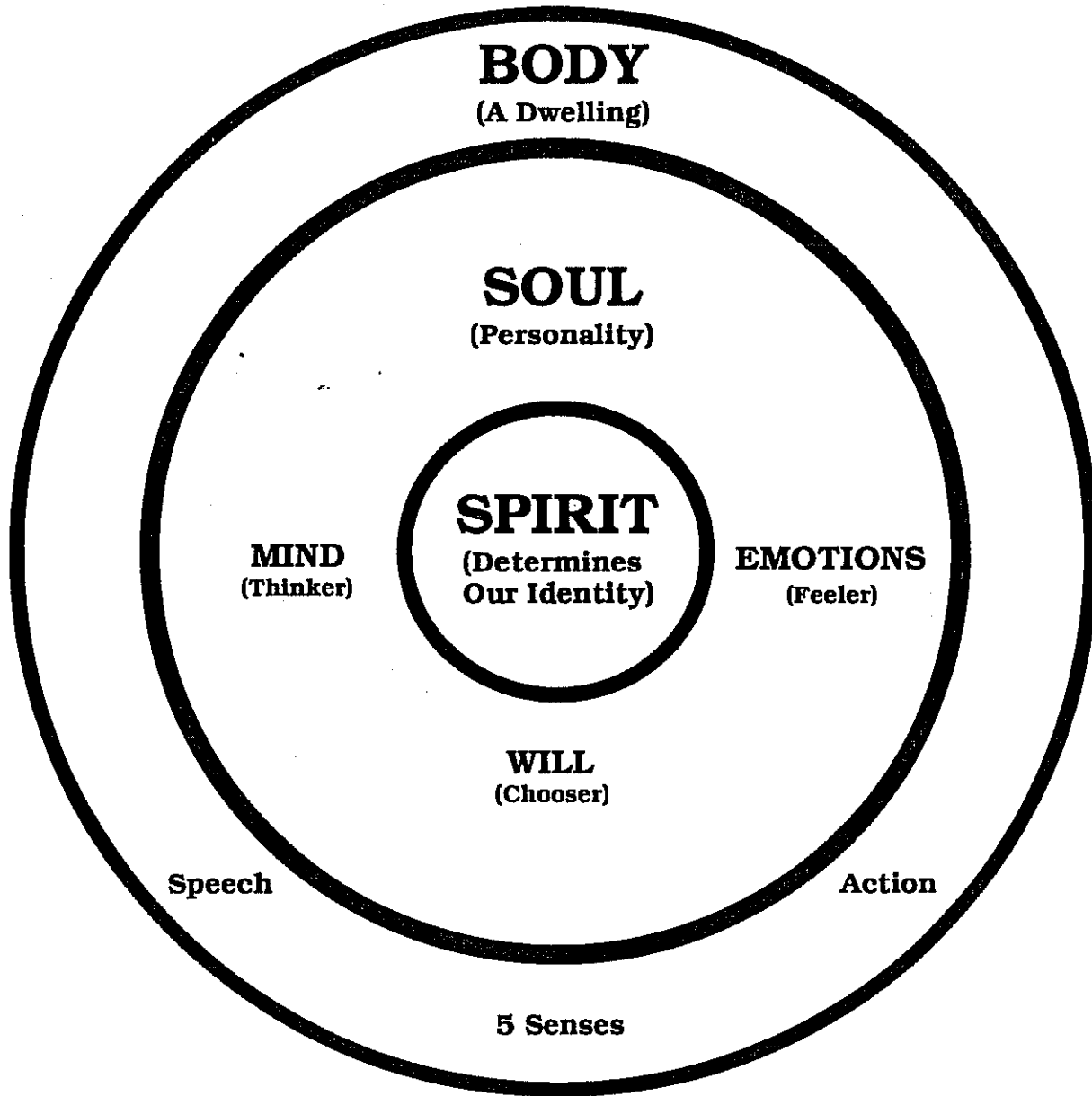
"There is therefore now no condemnation to them which are in Christ Jesus..."  
Romans 8:1

HELL

NOTES:

# A Biblical Picture Of Man

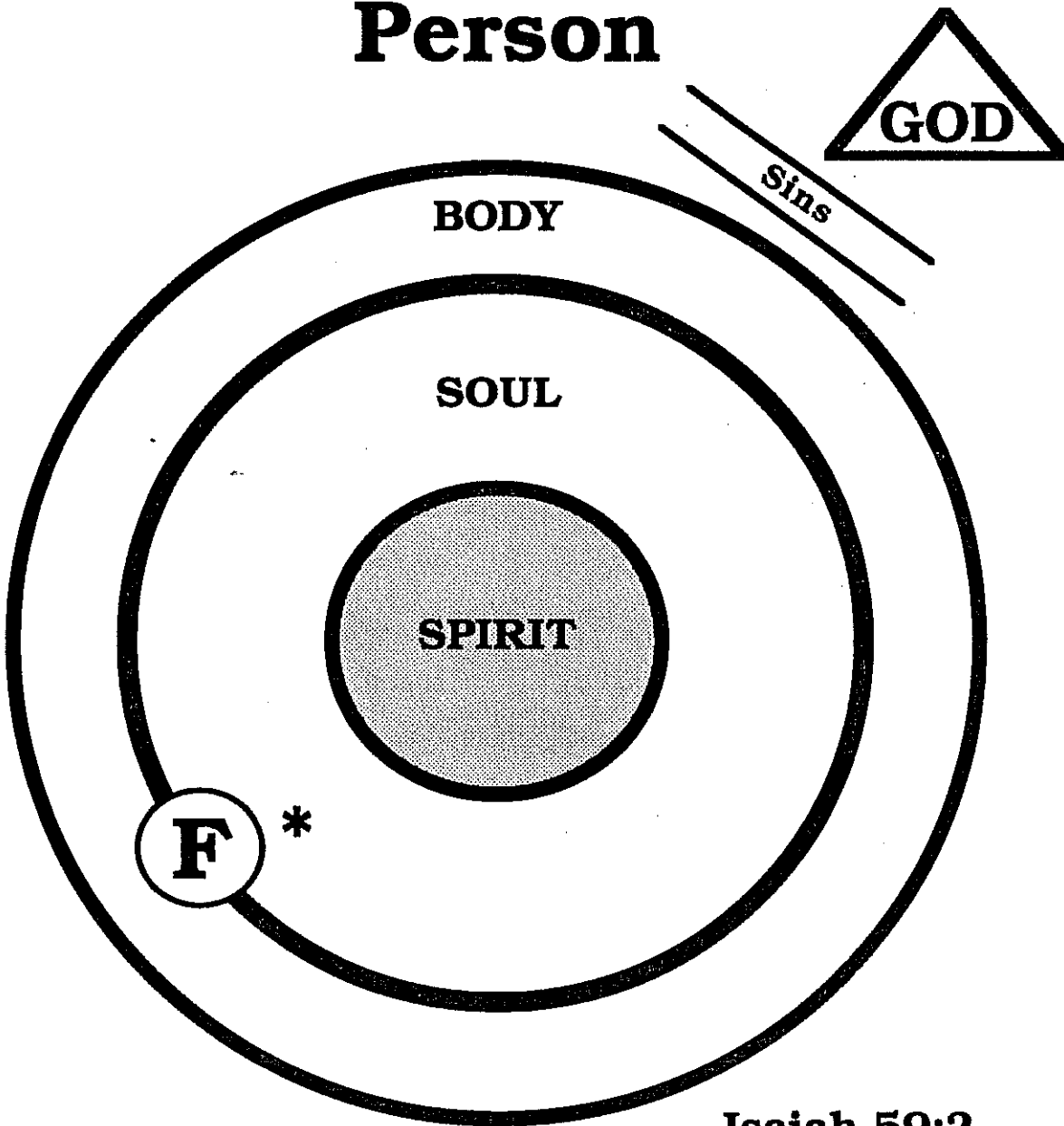
Man - A Three-Part Whole  
(I Thessalonians 5:23)



**Notes:**

Man is a \_\_\_\_\_, who has a \_\_\_\_\_, and lives in a \_\_\_\_\_.

# Pre-Salvation Person



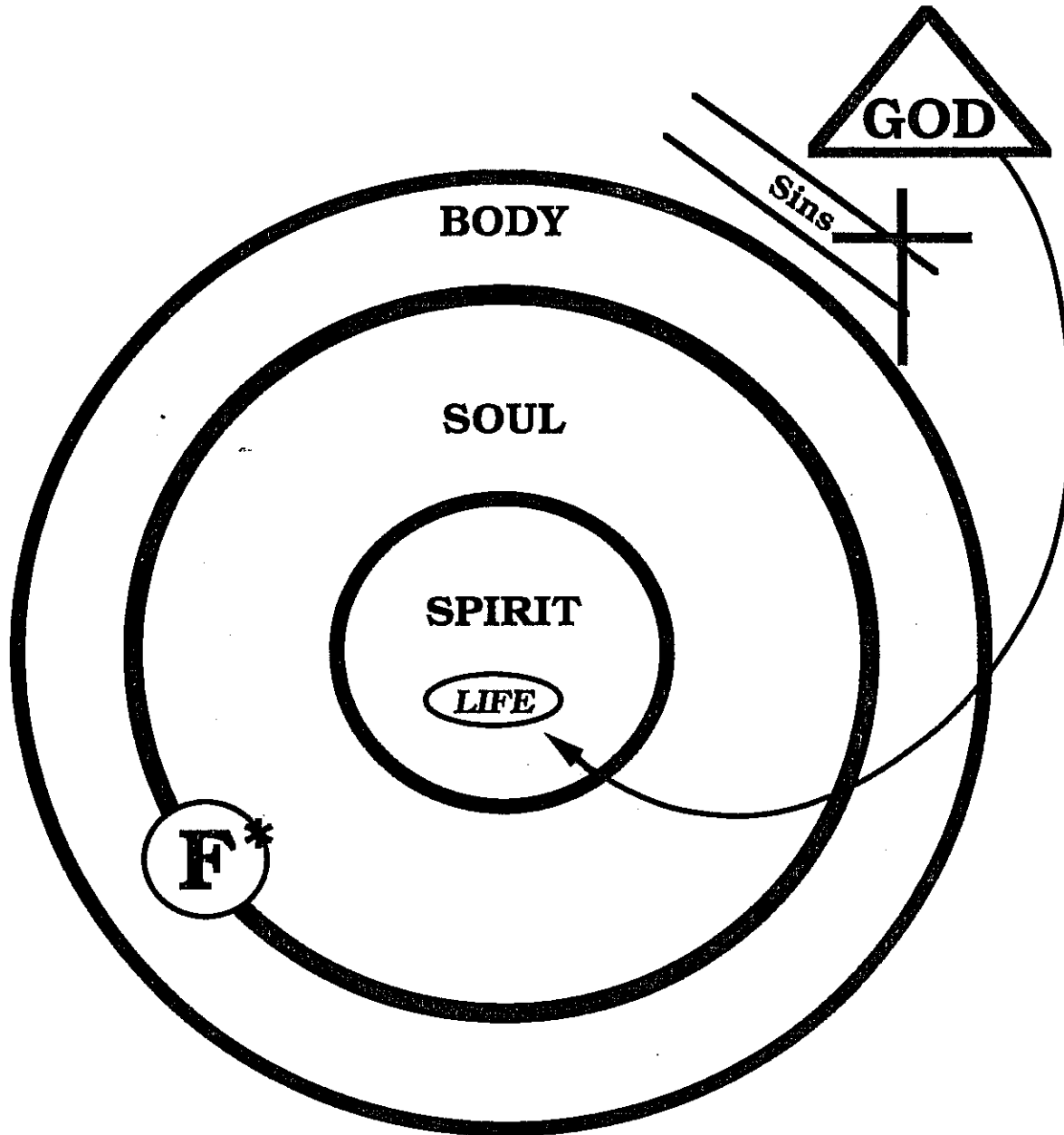
**Isaiah 59:2**  
**Ephesians 2:1-3**

\* Sometimes called "Self-Life"

## Notes:

Man's basic problem at birth is that he is \_\_\_\_\_ from God  
and, therefore, without \_\_\_\_\_.

# Saved Person



\* Sometimes called "Self-Life"

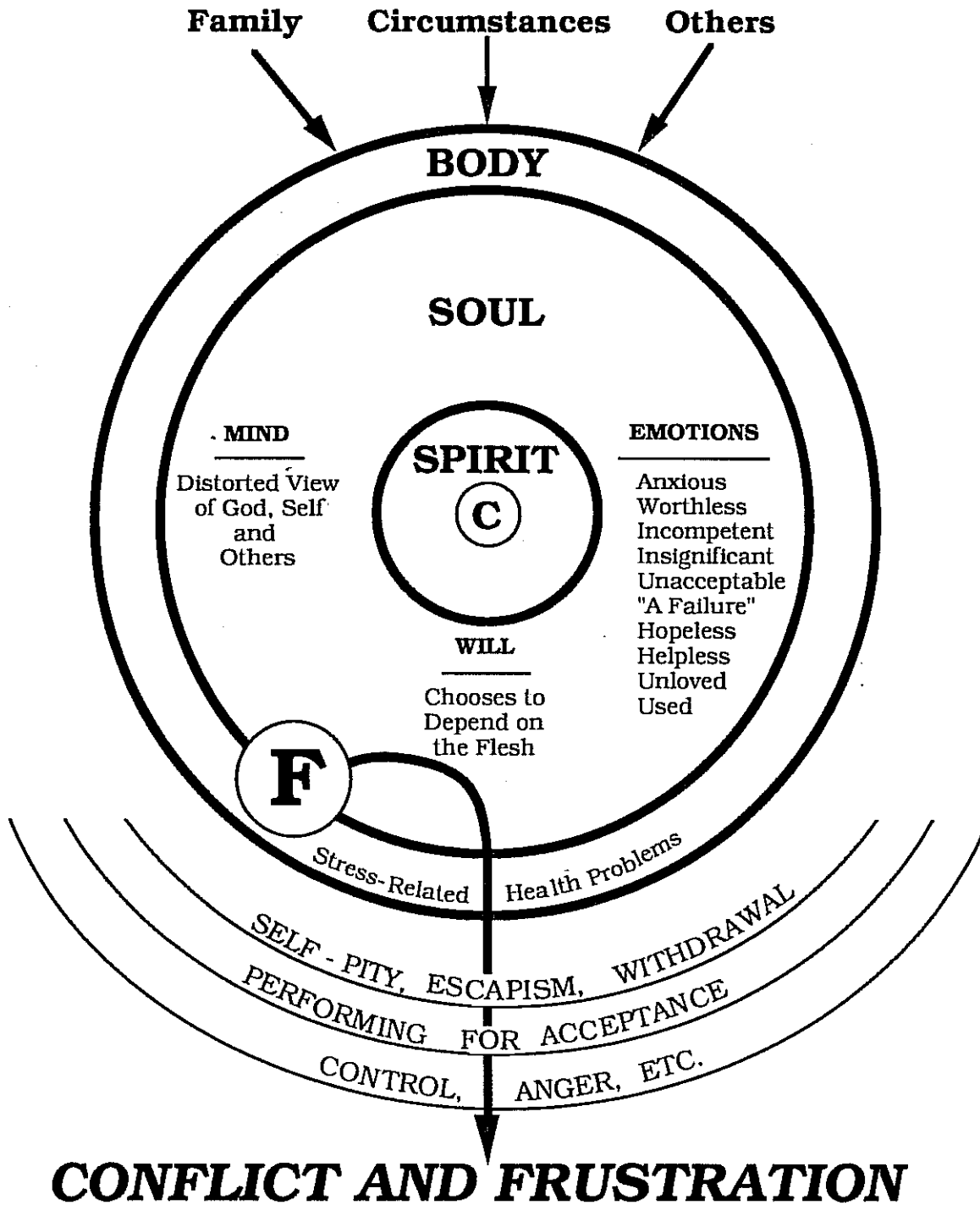
Romans 5:10

Notes:

God gave His Life \_\_\_\_\_ us, in order to give His Life \_\_\_\_\_  
us, in order that He might \_\_\_\_\_ His Life \_\_\_\_\_ us!

# Negatively Programmed Flesh

(Many Rejective and Traumatic Experiences)



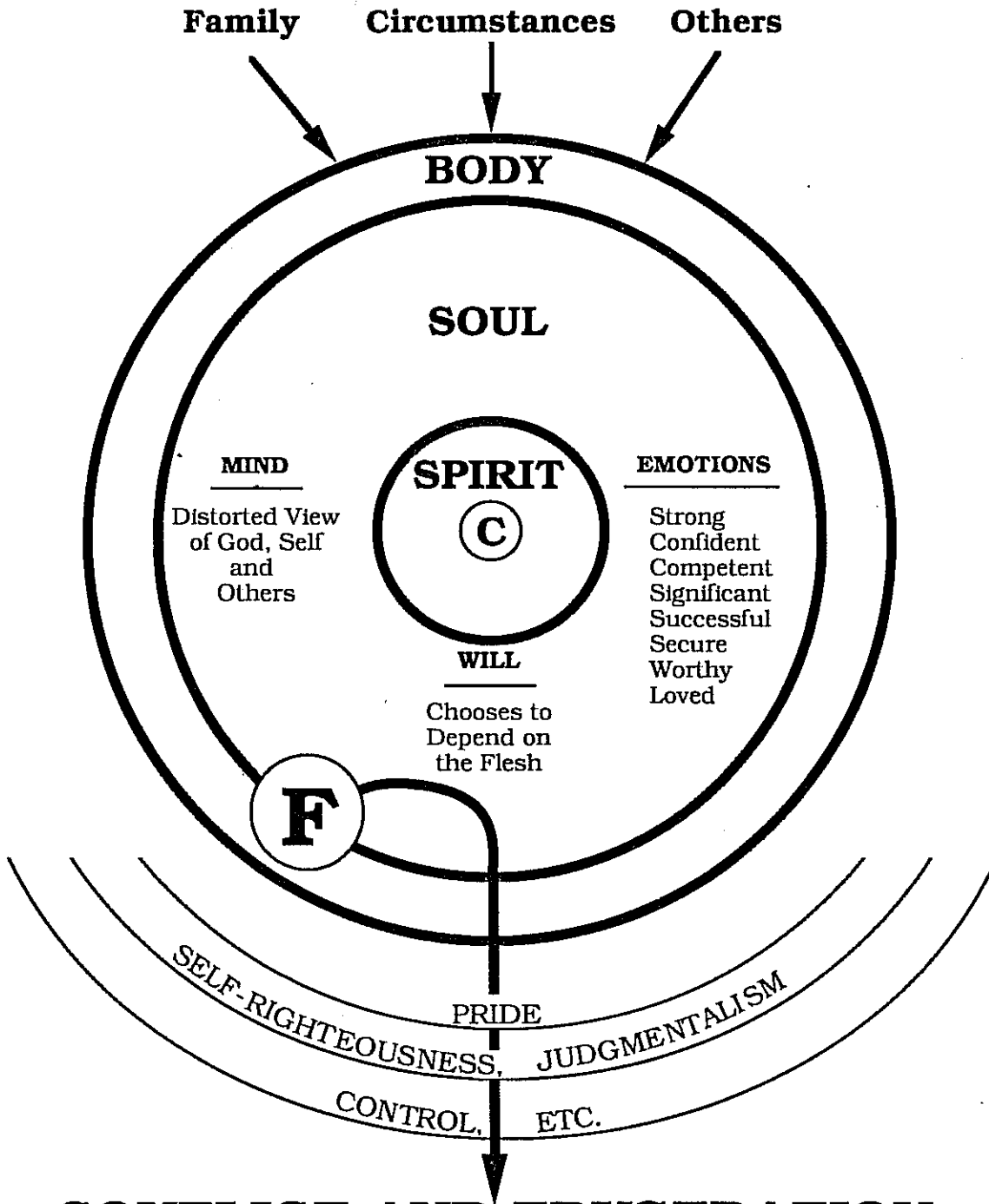
## CONFLICT AND FRUSTRATION

**Notes:**

When the person depends upon his own strength to cope with present pressures and past rejections, the result is ultimately \_\_\_\_\_ and \_\_\_\_\_.

# Positively Programmed Flesh

(Positive Experiences, Few Rejections)



## CONFLICT AND FRUSTRATION

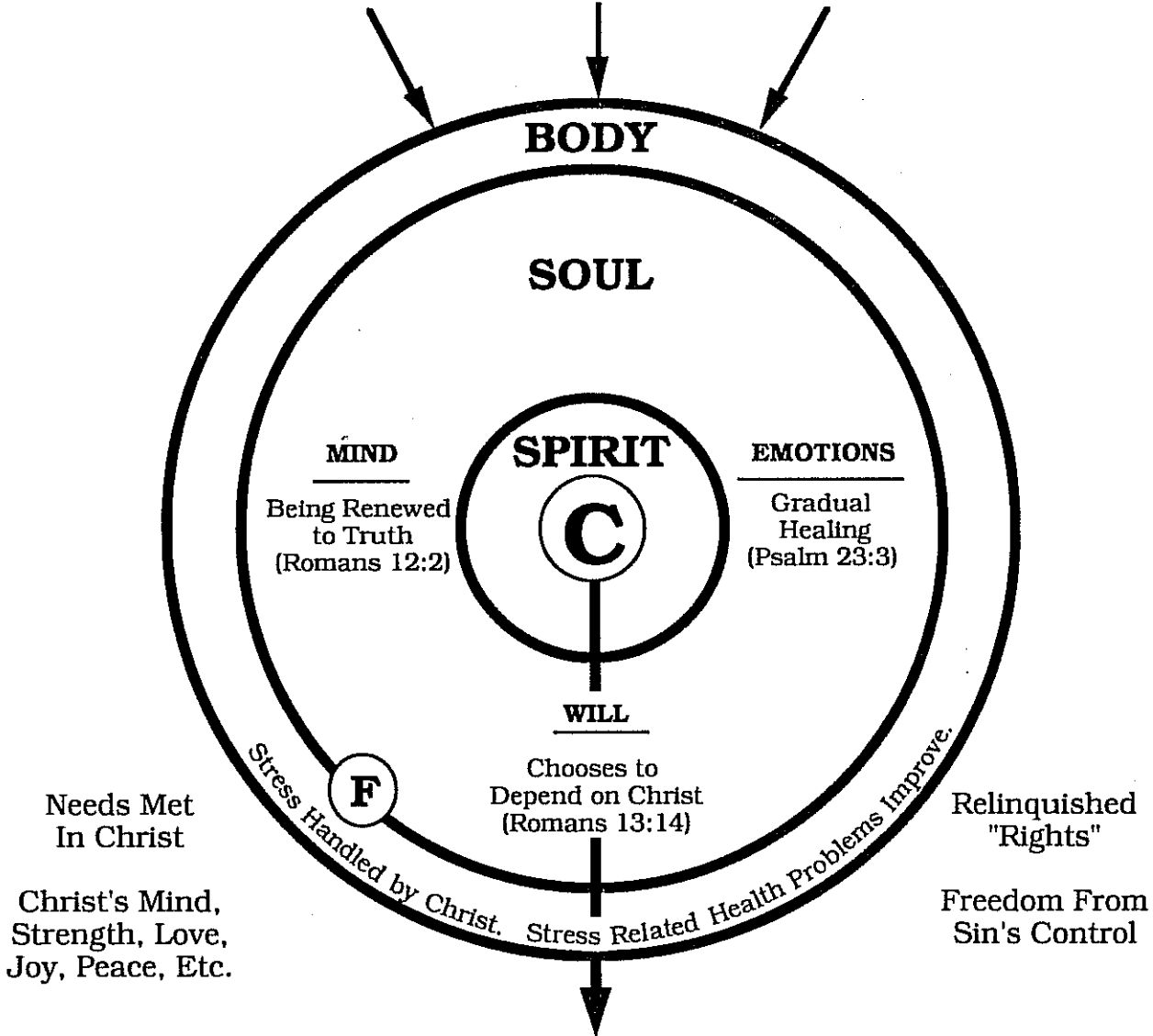
Notes:

God loves both His \_\_\_\_\_ and \_\_\_\_\_ programmed children enough to do what it takes to reveal the \_\_\_\_\_ of the flesh, so that we will be ready to exchange \_\_\_\_\_ for \_\_\_\_\_.

# The Exchanged Life

## "All Things"

(Romans 8:28)



# VICTORIOUS LIVING!

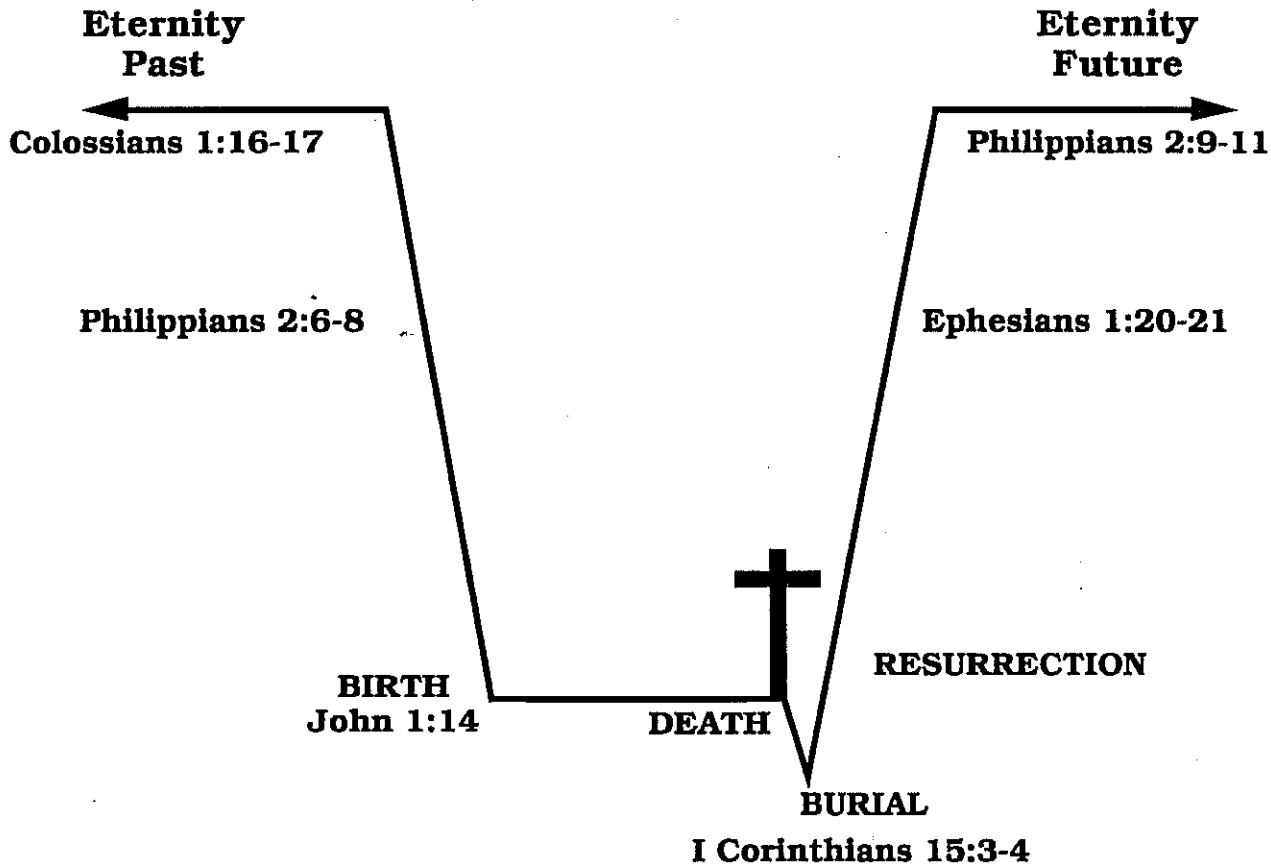
(Romans 15:18, Ephesians 3:20)

### Notes:

Christ living \_\_\_\_\_ through us is victorious living!

# Eternal Life Is Christ's Life

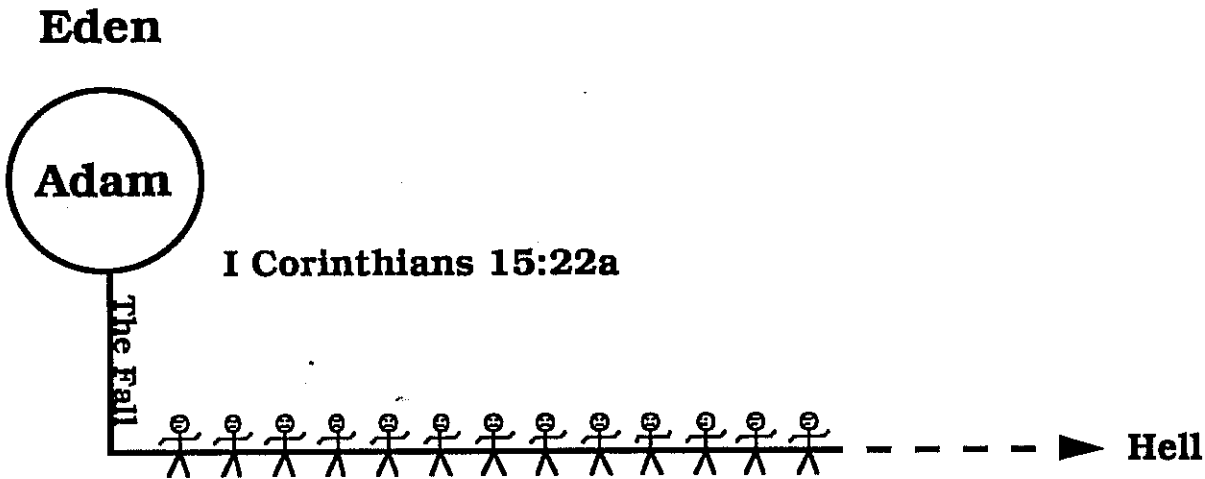
(I John 1:1-2; 5:11-12,20)



**NOTES:**

Eternal Life is not something that \_\_\_\_\_ when we become a Christian. It is something we \_\_\_\_\_ and of which we become a \_\_\_\_\_ at the moment of salvation. It is receiving a new life altogether - Christ's Life!

# In Adam

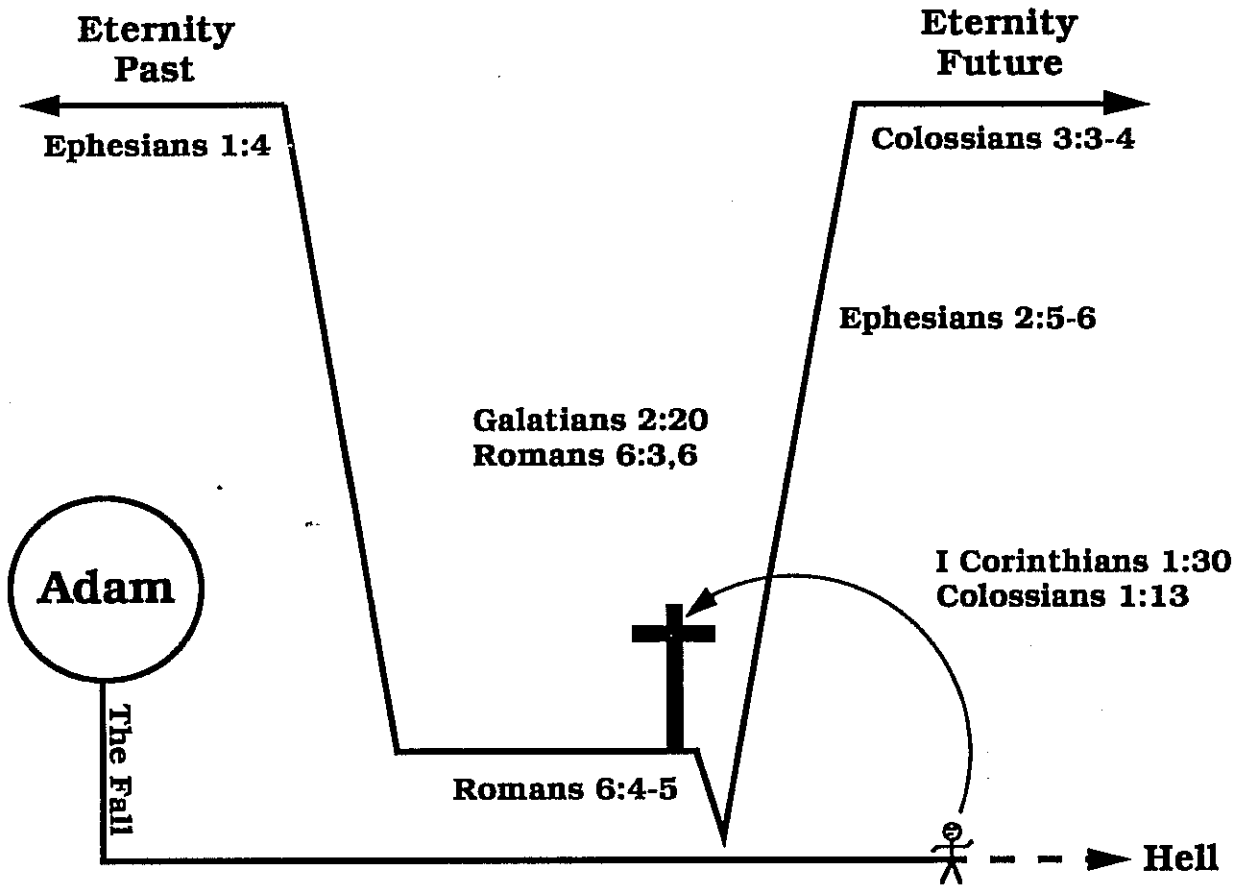


## Notes:

Since we were all \_\_\_\_\_ Adam, when he:

1. Sinned, we sinned. Romans 5:12b
2. Died spiritually, we died spiritually and were left to our own resources. Romans 5:15
3. Was condemned, we were condemned. Romans 5:18
4. Became a sinner, we became sinners. Romans 5:19

# In Christ



**Notes:**

1. At salvation, God took us \_\_\_\_\_ out of Adam and placed us into Christ.
2. We participated \_\_\_\_\_ in Christ's death, burial, resurrection, ascension and seating at the right hand of the Father.
3. Our Old Self (Old Man) was our \_\_\_\_\_.
4. We have a \_\_\_\_\_. We can live in our strength, or we can give up on our fleshly efforts and allow Christ to live \_\_\_\_\_ us.

# BROKENNESS AT THE CROSS

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---

## TWO ASPECTS OF THE CROSS

SAVED  
from

SAVED  
from

---

Deals with MY BEHAVIOR

---

Deals with MY IDENTITY

Agree with God:

1

2

3

Agree with God:

1

2

3

---

GRACE  
FAITH

---

GRACE  
FAITH

There are three reasons why the life of Christ and our identity with Him may not be an experienced reality:

- 1.
- 2.
- 3.

I. POSITION AND CONDITION

A. TWO ILLUSTRATIONS:

1. Mr. Yates

Position

Condition

\_\_\_\_\_

2. Israel in the Wilderness

Position

Condition

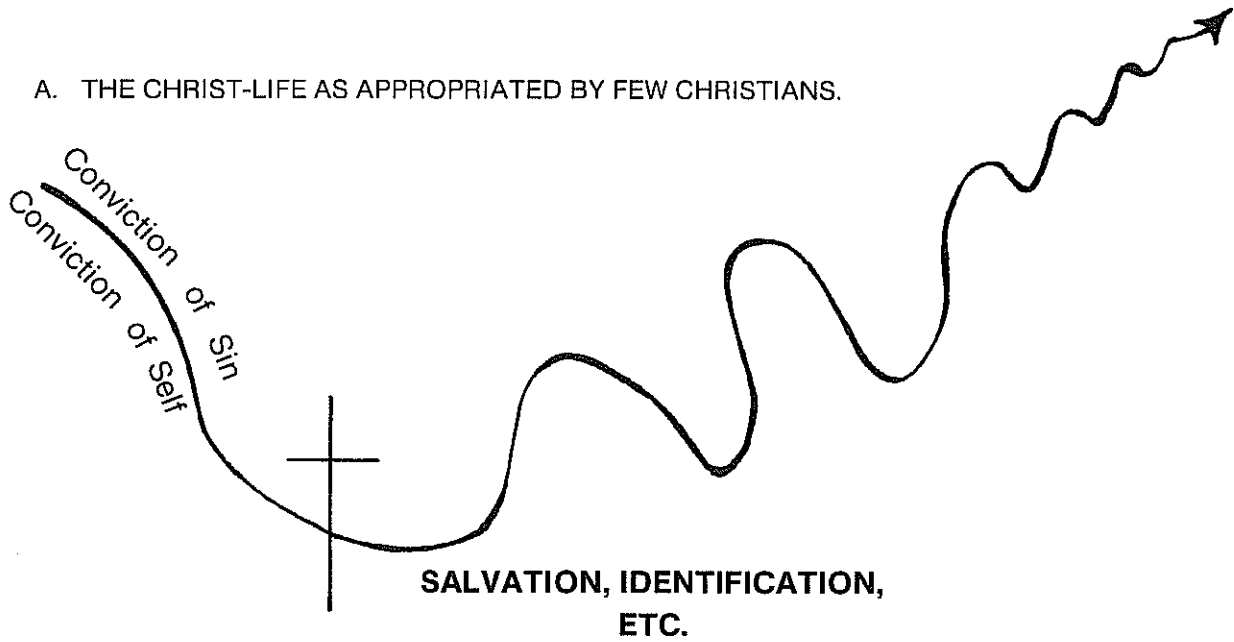
\_\_\_\_\_

B. YOUR SPIRITUAL JOURNEY

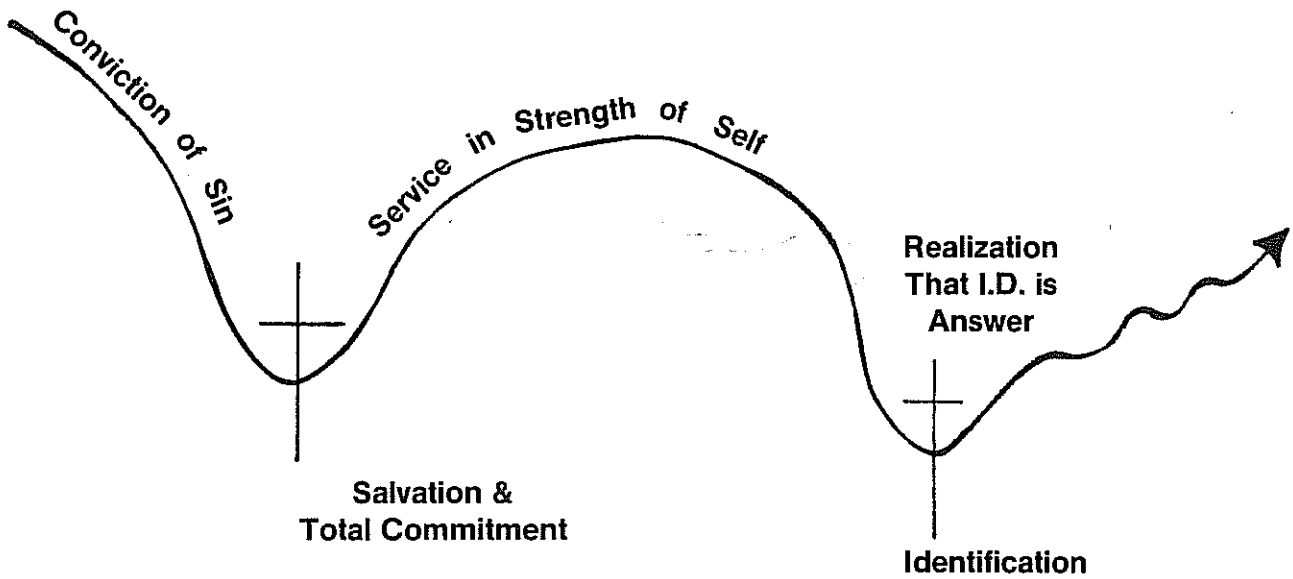
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## II. PROCESSES TO THE CROSS

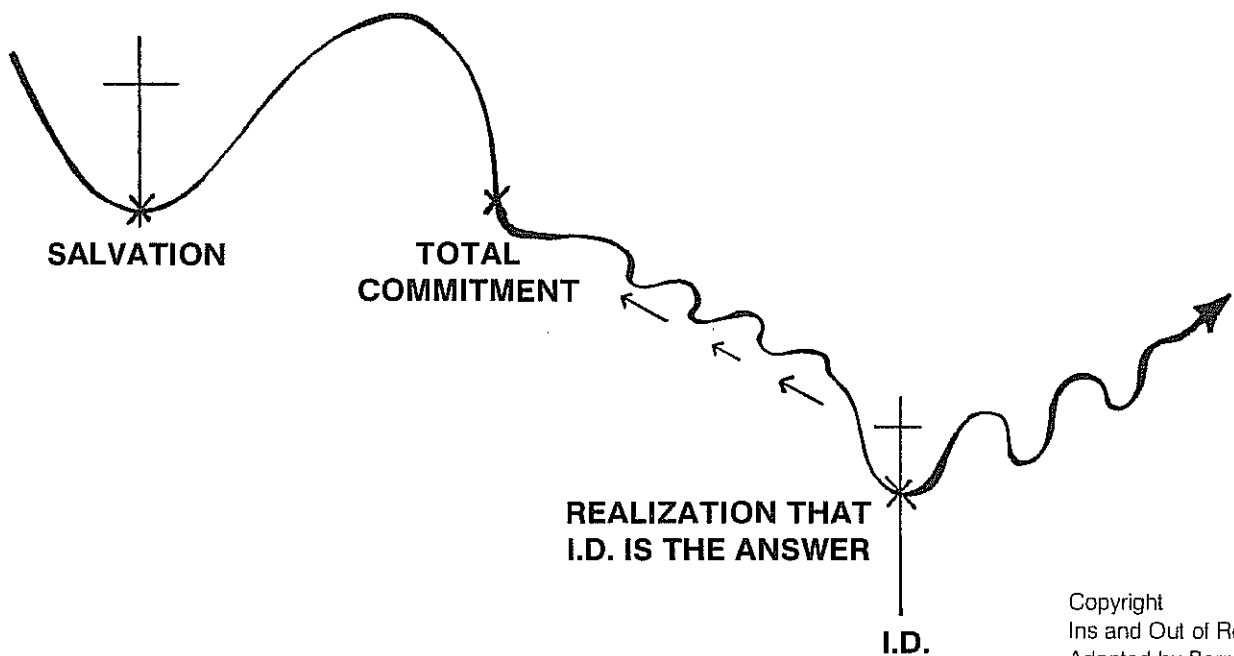
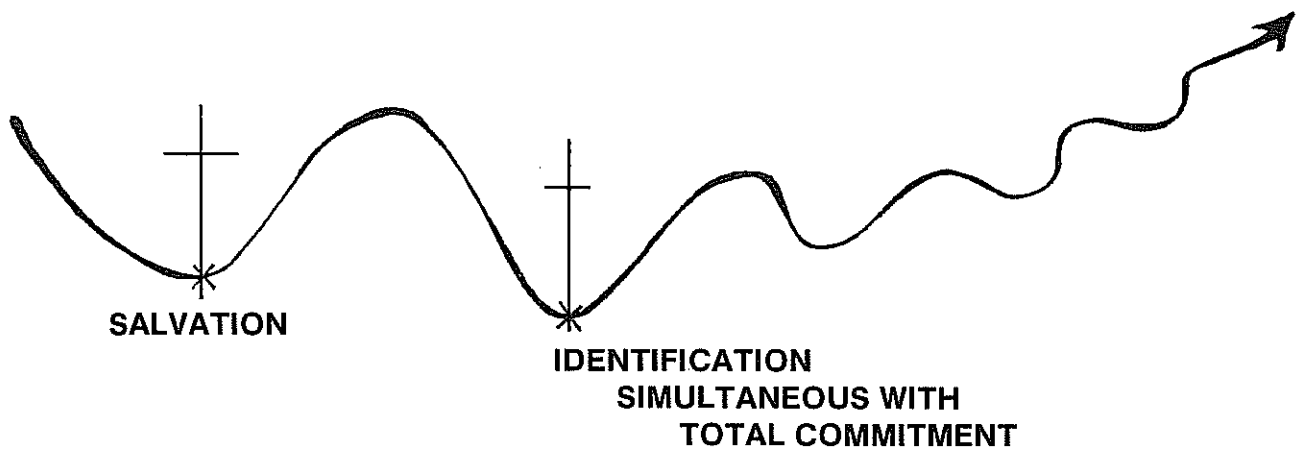
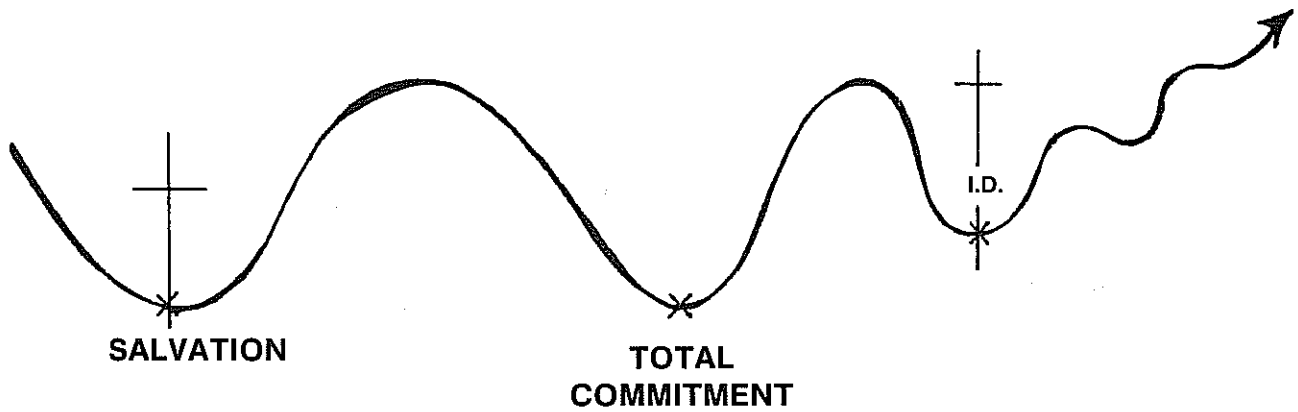
### A. THE CHRIST-LIFE AS APPROPRIATED BY FEW CHRISTIANS.



### B. SERVICE ORIENTATION.



C. OTHER TYPICAL PATTERNS FOR THE AVERAGE CHRISTIAN WHO ENTERS INTO IDENTIFICATION WITH CHRIST.



### III. THE PURPOSE OF BROKENNESS

#### A. TO REVEAL FLESH:

1. The flesh can even attempt to generate the fruit of the Spirit. (Galatians 5:22-23).
2. Suffering plus time often removes the coating the flesh hides itself under.

#### B. TO MEET OUR REAL NEEDS AND SAVE US FROM SELF-DESTRUCTION:

*Illustration:* The breaking of a horse.

### IV. THE PATH TO CALVARY

Note Philippians 2:4-14.

After saying that he had stopped depending on all that his flesh could claim for righteousness, Paul said that his desire was "... that I may know Him, and the power of His resurrection and the fellowship of His sufferings, being conformed to His death."

#### A. THE DIFFERENCES BETWEEN CHRIST'S DEATH AND OURS.

Note Philippians 3:10, II Corinthians 4:10-11.

1. We are not God as He is.
2. We do not pay for our sins on the cross — only He could do that.

3. Nothing could stop Christ from the cross, but there are many things that hinder our journey to the cross. For example:

You and I have the same human needs that Christ had: acceptance, security, meaning and purpose in life. But (in contrast to Christ) we think we have to hold onto certain rights in order to get those needs met in our own way — with our own resources in the flesh.

Thank God, we will probably never have to go through a physical crucifixion as Christ did, but in appropriating the cross personally we may have to do something similar inwardly — give up the right for the flesh to have its way.

#### B. AN IMPORTANT EXPLANATION:

1. Do we mean earning the privilege of experientially appropriating the cross?  
NO! The bottom line in appropriating Christ as Life is FAITH (as with salvation).

See 2 Corinthians 5:7 and Romans 1:17.

2. In appropriating Christ as Savior we turn from other objects of faith (our good works, church membership, self righteousness) to faith in Christ alone!
3. In appropriating Christ as Life we need to turn from all other dependencies (the flesh) to Him alone!
4. It's not the giving up of something in itself that makes the cross an experienced reality. However, you do have to stop living in dependence on the flesh, holding onto the rights of the flesh, and choose to live by faith as Galatians 2:20b shows us.

#### C. PARALLELS BETWEEN CHRIST'S DEATH AND OURS.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

## Selfer's Prayer

Dear Father,

Thank you for delivering me from life in Adam and placing me in Christ Jesus.

I confess that I have been a selfer and a total failure in and of myself. I have been struggling to live the Christian life out of my own resources.

I admit that I have been trying to get my needs met through people, achievements, and possessions.

I now give up on myself and do hereby commit my life unconditionally into your hands. I surrender all my rights and expectations, and give you permission to make me into the kind of person you want me to be.

I believe Your Word that I have been crucified with Christ, am dead to sin, buried and have been raised with Him into newness of life. I claim resurrection life as my life. I have been raised into the heavenly places and I believe that I now am seated at the right hand of the Father.

I choose as an act of my will to claim Christ as my life, my power, and my identity. I thank you that my identification with Christ makes me totally acceptable, and that all my need is met by Christ Jesus.

I yield myself totally to the indwelling Christ for obedience. Do with me whatever you choose. Glorify and manifest your Son in my life.

In His Identity,

# Two Aspects of Salvation

Saved  
From My

---

Saved  
From My

---

Deals with MY BEHAVIOR

Deals with MY IDENTITY

1

1

2

2

3

3

---

Grace

---

Grace

Faith

Faith

Ephesians 2:8-9

# Journey To The Cross

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## **I. Hindrances**

A.

B.

C.

## **II. Position and Condition**

A. Position (actual reality)

B. Condition

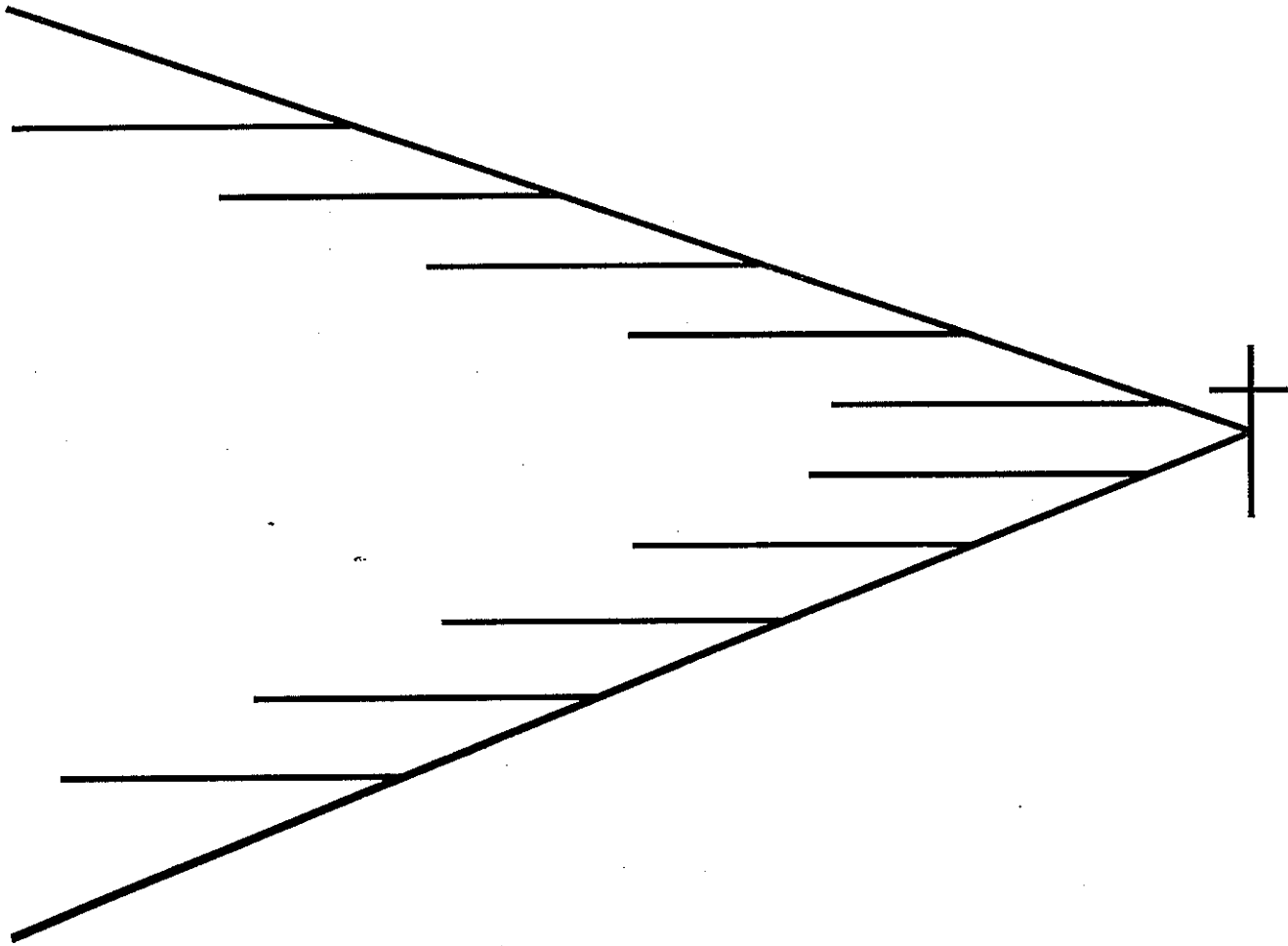
## **III. Brokenness**

A. The Purpose of Suffering for Brokenness

B. The Process of Brokenness

1. The Biblical Basis  
I Peter 4:12,13

2. Correlation between Christ's Suffering and Ours  
Philippians 2:5-13; Philippians 3:10



C. The Prayer of Brokenness

D. The Evidence of Brokenness

Brokenness is evident when the believer no longer reacts with his previous flesh patterns when the following rights are challenged:

- His right to possessions.**
- His right to a good reputation.**
- His right to have acceptance.**
- His right to be successful.**
- His right to have pleasant circumstances.**
- His right to presume on the will of God.**
- His right to life itself.**
- His right to beauty or strength.**
- His right to have friends.**
- His right to be heard.**
- His right to take up offense.**
- His right to avoid reaping from what he sows.**
- His right to be right.**
- His right to see results.**
- His right to be loved by others.**
- His right \_\_\_\_\_.**
- His right \_\_\_\_\_.**

You may wish as an alternative to use the following list which is evidence of brokenness:

- All of my rights have been surrendered.**
- I am willing to be out of control.**
- I am not believing in or living by feelings or old patterns, but by Christ within.**
- I am obedient out of a love motive because I want to, not because I have to.**
- I am not performing for God but I am actively letting Christ perform in and through me.**
- I am willing to fail.**
- I am willing to be weak.**
- I have a sense of total inadequacy in self-strength (2 Corinthians 3:5).**
- I have a sense of adequacy in Christ through His strength (Philippians 4:13; 2 Corinthians 3:6).**

I recognize **God's power in my weakness** (2 Corinthians 12:10).  
I am **depending upon Christ to meet my basic inner needs: acceptance**, meaning and purpose, identity, power over sin, strength and victory.  
I am **trusting God whatever and resting in Him** even with external turmoil.  
I am **seeking Christ Himself** more than His benefits.  
I am **forgiving of all** (Ephesians 4:32).  
I am **willing to be rejected**.  
I am **transparent and willing to share failures**.  
I am **vulnerable and willing to share failures**.  
There is a readiness to **let others receive the credit**.  
There is **genuine humility**.  
I am placing **value** upon those who have little or no value to myself.  
There is a readiness to **affirm (build-up) others**.  
I am **teachable**.  
I am **willing to be misunderstood**.  
I am **willing to be broken again**.

# WHO ARE YOU?

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## THE BELIEVER'S IDENTITY

### INTRODUCTION:

The issue of identity is as important in a person's life as the issue of victory. The believer's identity is especially important because historically Christians have been seen simply as forgiven sinners who have developed self-esteem the same way the world has.

1. Self-image or Self-esteem based upon the natural perspective

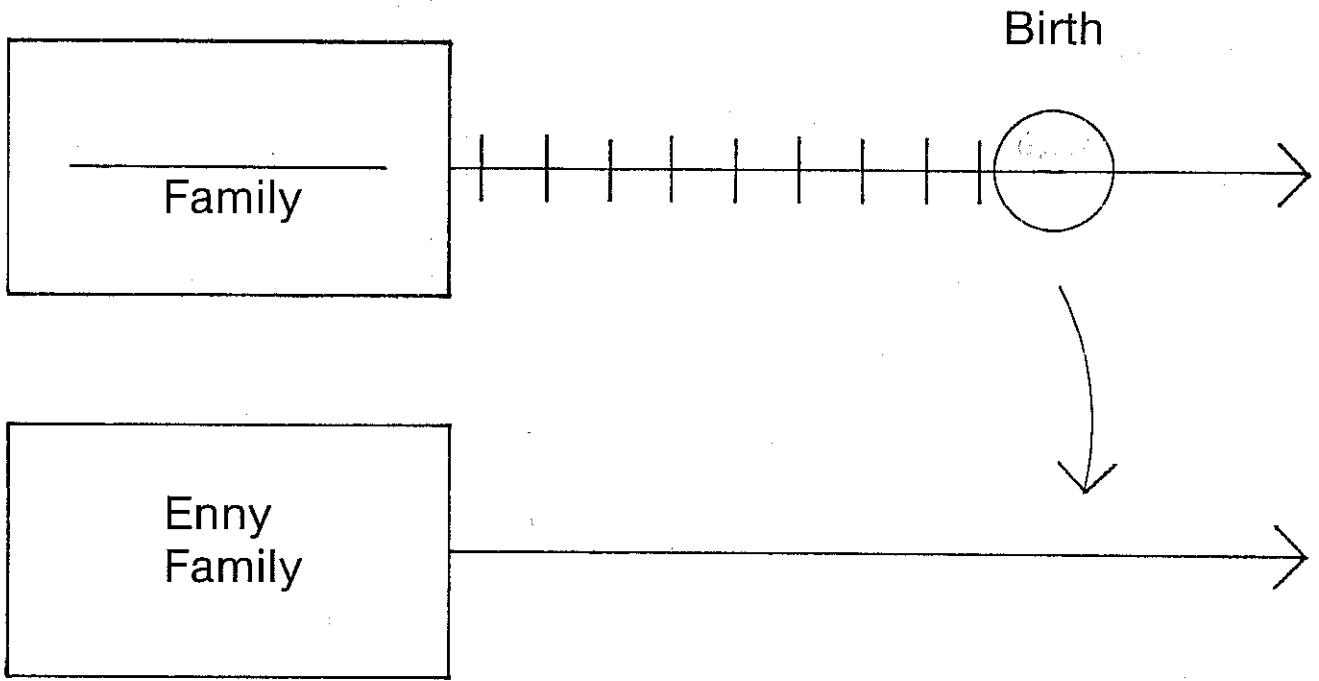
The usual methods of developing self-esteem or one's self-image are based on:

- a. the attractiveness of the physical body
- b. successes and failures in tasks
- c. parental attitudes toward children
- d. our perception of God's attitudes toward us
- e. peer approval and rejection

2. Self-image or Self-esteem based upon spiritual perspective

The believer's self-image must be developed Biblically. One of the most critical issues in this endeavor has to do with the doctrine of the believer's righteousness.

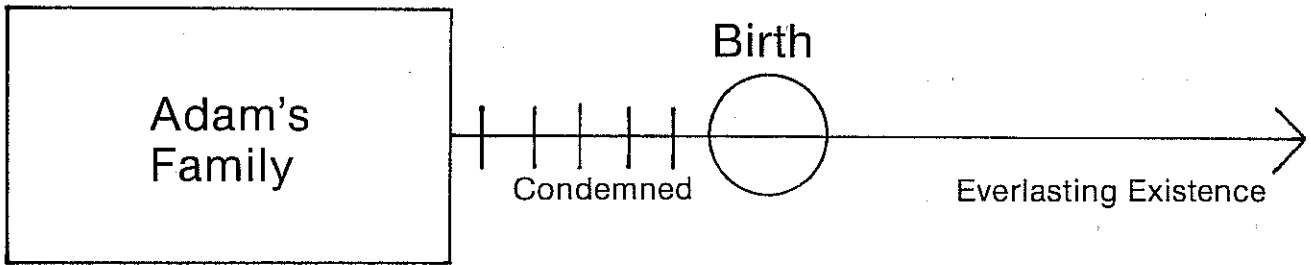
### NOTES:



**NOTES:**

What determines who I am?

# THE PROBLEM



System #1 = Law

Standards = Law  
(Perfection)



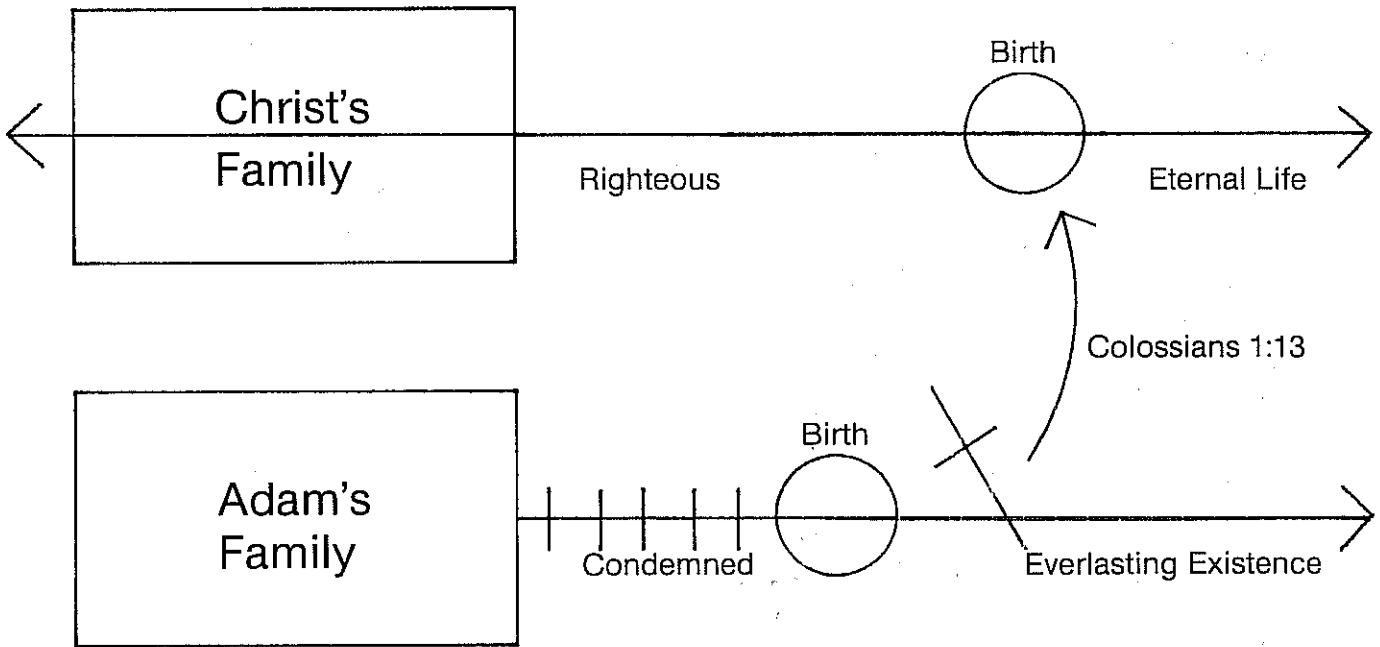
Self-Righteousness  
or  
Achieved Righteousness



Filthy Rags  
(Isaiah 64:6)

## NOTES:

# THE SOLUTION



System #2 = Grace

Standards = Law  
(Perfection)



God's Gift of Righteousness  
by Faith



Righteous  
(2 Corinthians 5:21)

A. By Birth

B. By Gift

## II. POSSIBLE DECEPTIONS REGARDING RIGHTEOUSNESS:

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_

### III. WHAT DOES MY BIRTH CERTIFICATE SAY?

#### MY TRUE IDENTITY

*Because Christ is my Life, God, my Father, declares that I am the righteousness of God in Christ Jesus.*

*He further attests that this righteousness, since it was given to me as a gift, is not based on my behavior. I am not his righteousness or new creation because of what I did, or I am doing, or what I have refrained from doing. Rather it is because of what He has done in uniting me to Christ in death, burial, resurrection, and enthronement.*

*Documentation:*

*Philippians 3:9*

*2 Corinthians 5:21*

*1 Corinthians 1:30-31*

*Romans 5:17*

*Romans 10:3-4*

*I choose to  accept or  reject this document*

*Signed: \_\_\_\_\_*

- A. IF YOU BELIEVE THAT WHAT HAS BEEN TAUGHT IN THIS LECTURE IS TRUTH, BECAUSE IT IS BASED ON THE WORD OF GOD, IT IS IMPORTANT THAT YOU AFFIRM BY FAITH WHAT IS RIGHTFULLY YOURS, REGARDLESS OF YOUR FEELINGS, YOUR EXPERIENCES, OR YOUR BEHAVIOR.
  
- B. YOU CAN AFFIRM THIS RIGHTEOUS IDENTITY IN CHRIST IN SPITE OF ALL THE SCHEMINGS OF THE ACCUSER:

*"Father I thank you that I have become the righteousness of God based on who I am in Christ.*

*I am a new spiritual creation in the depths of my being where I have been united with Christ.*

*It is His righteousness that He gave me when I partook of His life. I have become the righteousness of God in Him!*

*I do now accept my righteousness as a gift, and I am going to count upon this because You said it is true, no matter what my feelings, memory, or the world and Satan tells me!"*

*By God's grace,*

\_\_\_\_\_  
*Signed*

**IMPLICATIONS REGARDING MY BEHAVIOR:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

# WHO AM I?

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|                  |   |
|------------------|---|
| Matt. 5:13       | I am the salt of the earth.   |
| Matt. 5:14       | I am the light of the world.  |
| John 1:12        | I am a child of God (part of His family). (see Rom. 8:16)   |
| John 15:1,5      | I am part of the true vine, a channel (branch) of His (Christ's) life.  |
| John 15:15       | I am Christ's friend.   |
| John 15:16       | I am chosen and appointed by Christ to bear His fruit.  |
| Acts 1:8         | I am a personal witness of Christ for Christ.   |
| Rom. 6:18        | I am a slave of righteousness.  |
| Rom. 6:22        | I am enslaved to God.   |
| Rom. 8:14,15     | I am a son of God (God is my "daddy" so to speak). (see Gal. 3:26/4:6)  |
| Rom. 8:17        | I am a joint-heir with Christ sharing His inheritance with Him.   |
| I Cor. 3:16/6:19 | I am a temple (home) of God. His Spirit (His life) dwells in me.  |
| I Cor. 6:17      | I am joined (united) to the Lord and am one spirit with Him.  |
| I Cor. 12:27     | I am a member (part) of Christ's body. (see Eph. 5:30)  |
| II Cor. 5:17     | I am a new creation (new person).   |
| II Cor. 5:18,19  | I am reconciled to God and am a minister of reconciliation.   |
| Gal. 3:26,28     | I am a son of God and one in Christ.  |
| Gal. 4:6,7       | I am an heir of God since I am a son of God.  |
| Eph. 1:1         | I am a saint. (see I Cor. 1:2/Phil. 1:1/Col. 1:2)   |
| Eph. 2:10        | I am God's workmanship (handiwork) created (born anew) in Christ to do His work that He planned beforehand that I should do.  |
| Eph. 2:19        | I am a fellow citizen with the rest of God's people in His family.  |
| Eph. 3:1/4:1     | I am a prisoner of Christ.  |
| Eph. 4:24        | I am righteous and holy.  |
| Phil. 3:20       | I am a citizen of heaven and seated in heaven right now (see Eph. 2:6).   |
| Col. 3:3         | I am hidden with Christ in God.   |
| Col. 3:4         | I am an expression of the life of Christ because He is my life.   |
| Col. 3:12        | I am chosen of God, holy, and dearly loved.   |
| I Thes. 1:4      | I am chosen and dearly loved by God.  |
| I Thes. 5:5      | I am son of light and not of darkness.  |
| Heb. 3:1         | I am a holy brother, partaker of a heavenly calling.  |
| Heb. 3:14        | I am a partaker of Christ ... I share in His life.  |
| I Pet. 2:5       | I am one of God's living stones and am being built up (in Christ) as a spiritual house.                                       |
| I Pet. 2:9,10    | I am a chosen race, a royal priesthood, a holy nation, a people for God's own possession to proclaim the excellencies of Him. |
| I Pet. 2:11      | I am an alien and stranger to this world I temporarily live in.   |
| I Pet. 5:8       | I am an enemy of the devil.   |
| I John 3:1,2     | I am now a child of God. I will resemble Christ when He returns.  |
| I John 5:18      | I am born of God and the evil one (the devil) can't touch me.   |
| Psalms 23 & 100  | I am a sheep of His pasture. Therefore, I have everything I need.   |

# Selfer's Prayer

Dear Father,

Thank you for delivering me from life in Adam and placing me in Christ Jesus.

I confess that I have been a selfer and a total failure in and of myself. I have been struggling to live the Christian life out of my own resources.

I admit that I have been trying to get my needs met through people, achievements, and possessions.

I now give up on my self-sufficiency and do hereby commit my life unconditionally into your hands. I give up all my rights and expectations, and give you permission to make me into the kind of person you want me to be.

I believe Your Word that I have been crucified with Christ, buried and have been raised with Him into newness of life. I claim resurrection life as my life. I have been raised into the heavenly places and I believe that I now am seated at the right hand of the Father.

I choose as an act of my will to claim that Christ is my life, my power, and my identity. I thank you that my identification with Christ makes me totally acceptable, and that all my need is met by Christ Jesus.

I yield myself totally to the indwelling Christ for obedience. Do with me whatever you choose. Glorify and manifest your Son in my life.

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In His Identity,

# The Believer's Identity

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## Who Are You?

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The issue of identity is as important in a person's life as the issue of victory. The believer's identity is especially important because historically Christians have been seen simply as forgiven sinners who have developed self-esteem the same way the world has.

#### 1. Self-image or Self-esteem based upon the natural perspective

The usual methods of developing self-esteem or one's self-image are based on:

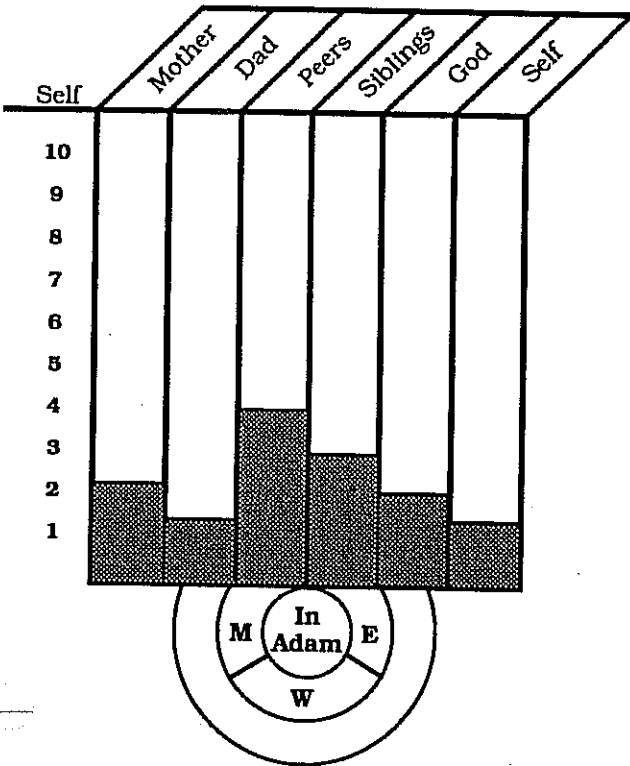
- a. the attractiveness of the physical body
- b. successes and failures in tasks
- c. parental attitudes toward children
- d. our perception of God's attitudes toward us
- e. Peer approval and rejection

#### 2. Self-image or Self-esteem based upon spiritual perspective

The believer's self-image must be developed Biblically. One of the most critical issues in this endeavor has to do with the doctrine of the believer's righteousness. As you listen to the next lecture (or optional video) you will begin to understand how the issues of law and grace affect us both with regard to acceptance and identity.

## II. Law and Grace

Expectations For Acceptance



Expectations = \_\_\_\_\_ = \_\_\_\_\_

Treadmill

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Fruit For Death

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

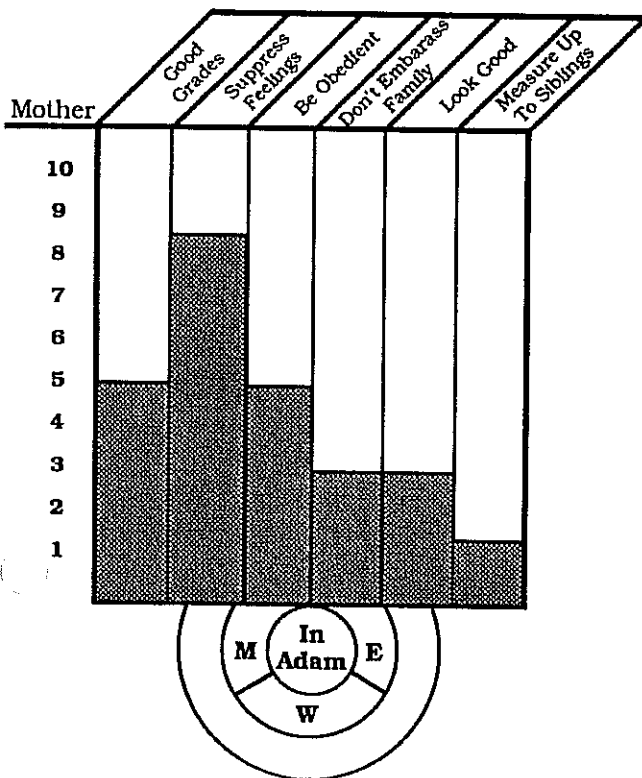
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

etc.

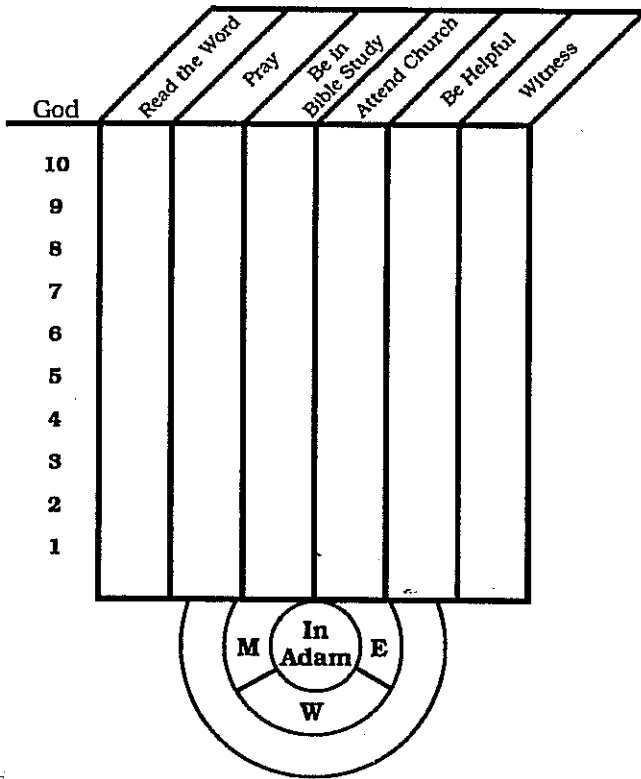
Expectations For Acceptance



### Bible Verses

Romans 7:4-6  
Galatians 2:20, 21  
Romans 9:30-10:4

Expectations For Acceptance



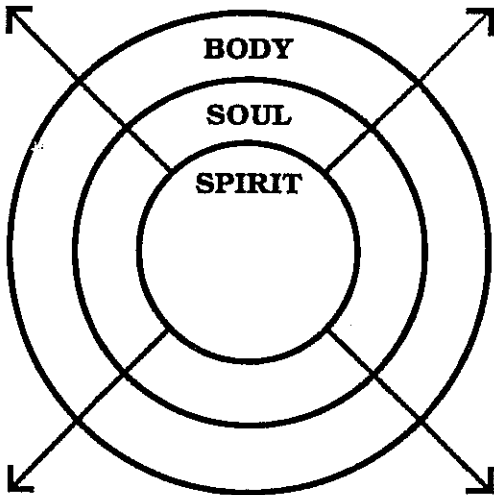
Forgiveness removes \_\_\_\_\_

but it does not give us \_\_\_\_\_.

\_\_\_\_\_ System

vs. \_\_\_\_\_ System

**BE YE PERFECT**

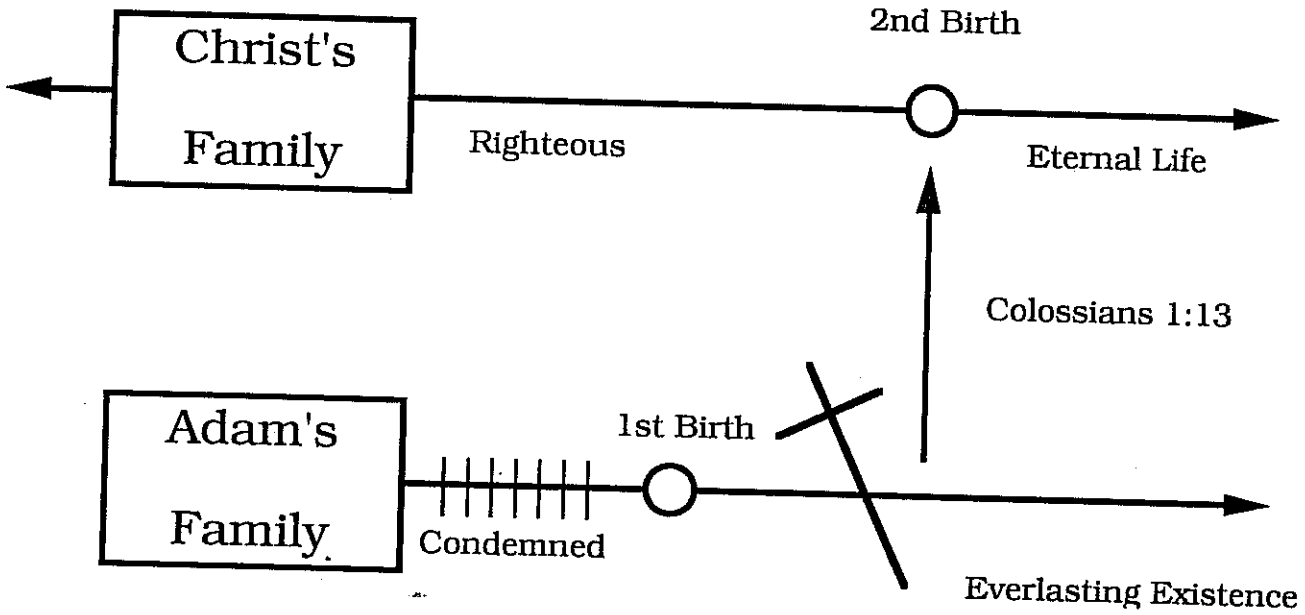


Bible Verses

- Matthew 5:48
- II Corinthians 5:21
- Philippians 3:4-11
- Romans 6:17
- Romans 3:21, 22

# What Determines Who I Am?

## III. The Method



A. By Birth

B. By Gift

## IV. Possible Deceptions Regarding Righteousness:

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## V. Prayer of Faith

*"Father, I admit that I have labored on a treadmill, trying to meet standards for acceptance, bearing fruit for death.*

*I thank you that when I was crucified with Christ, you removed me from an achieving system and placed me into a receiving system. I do hereby accept the gift of your righteousness which is now my righteousness.*

*From now on no matter what my feelings, memories, behaviors, the world or Satan tells me, I agree with your word that I am the righteousness of God in Christ Jesus.*

*By God's grace,*

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*Signed*

## VI. Implications

# MORE THAN CONQUERORS?

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## THE BELIEVER'S VICTORY

### INTRODUCTION:

#### A. PEOPLE USUALLY COME FOR COUNSELING FOR ONE OR TWO REASONS:

- 1.
- 2.

#### B. THE WORLD'S METHOD OF ACHIEVING VICTORY IN ONE'S LIFE:

#### C. SOME DECEPTIONS REGARDING VICTORY:

- 1.
- 2.
- 3.
- 4.
- 5.

# ANALYSIS OF THE LAW OF SIN AND DEATH

ROMANS 8:2

LAW — A rule or principle stating something that always works in the same way under the same conditions.

SIN — An unholy force or power which is in me but not me. Sometimes refers to powers from without. (*The source of temptation from within.*)

*Romans 7:17 and 20. As used in Romans 6, 7, and 8 this word does not refer to our disobedience or missing the mark as in I John 1:9.*

DEATH — Weakness carried to its end (extremity).

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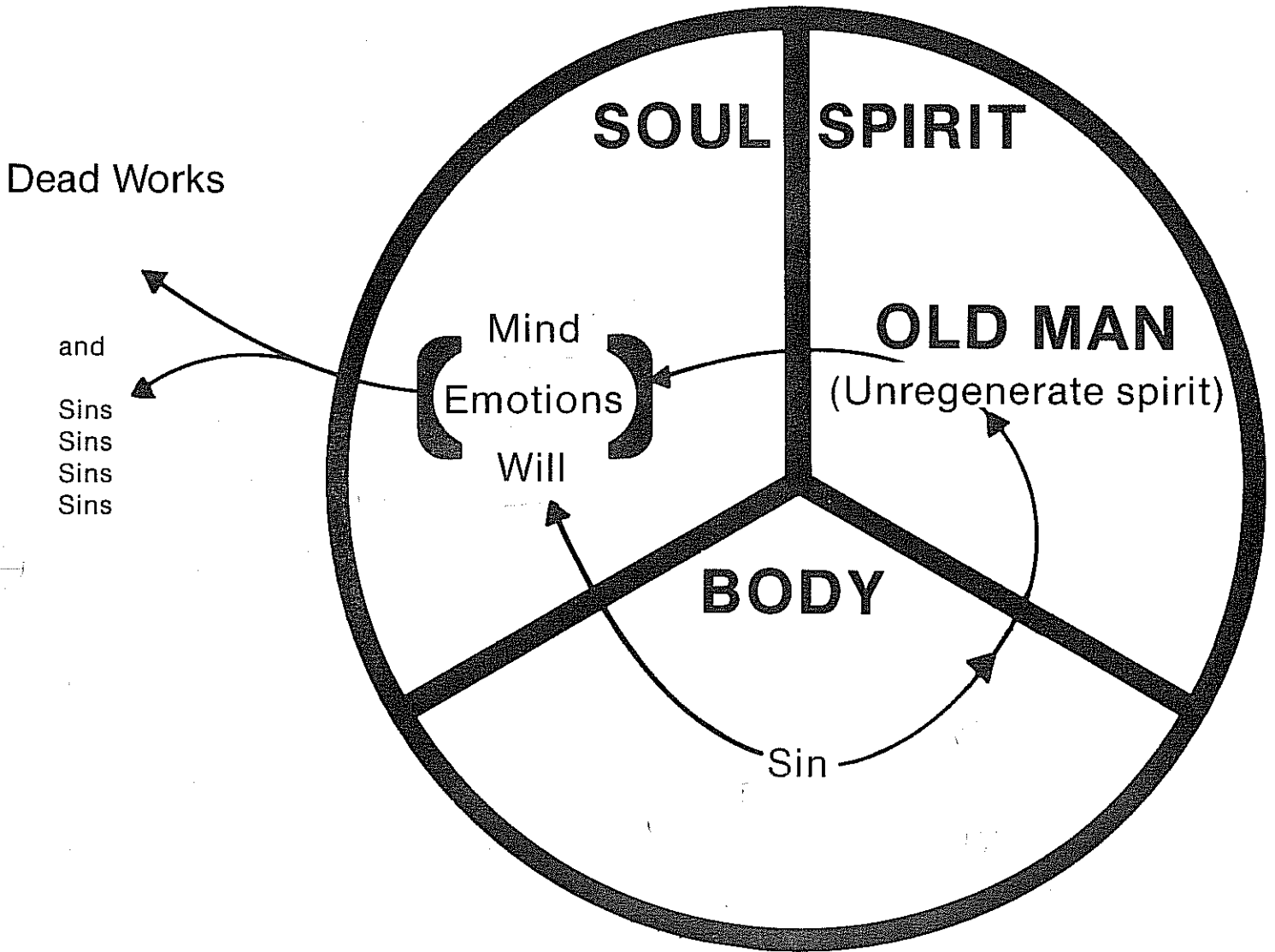
## NOTES:

LAW —

SIN —

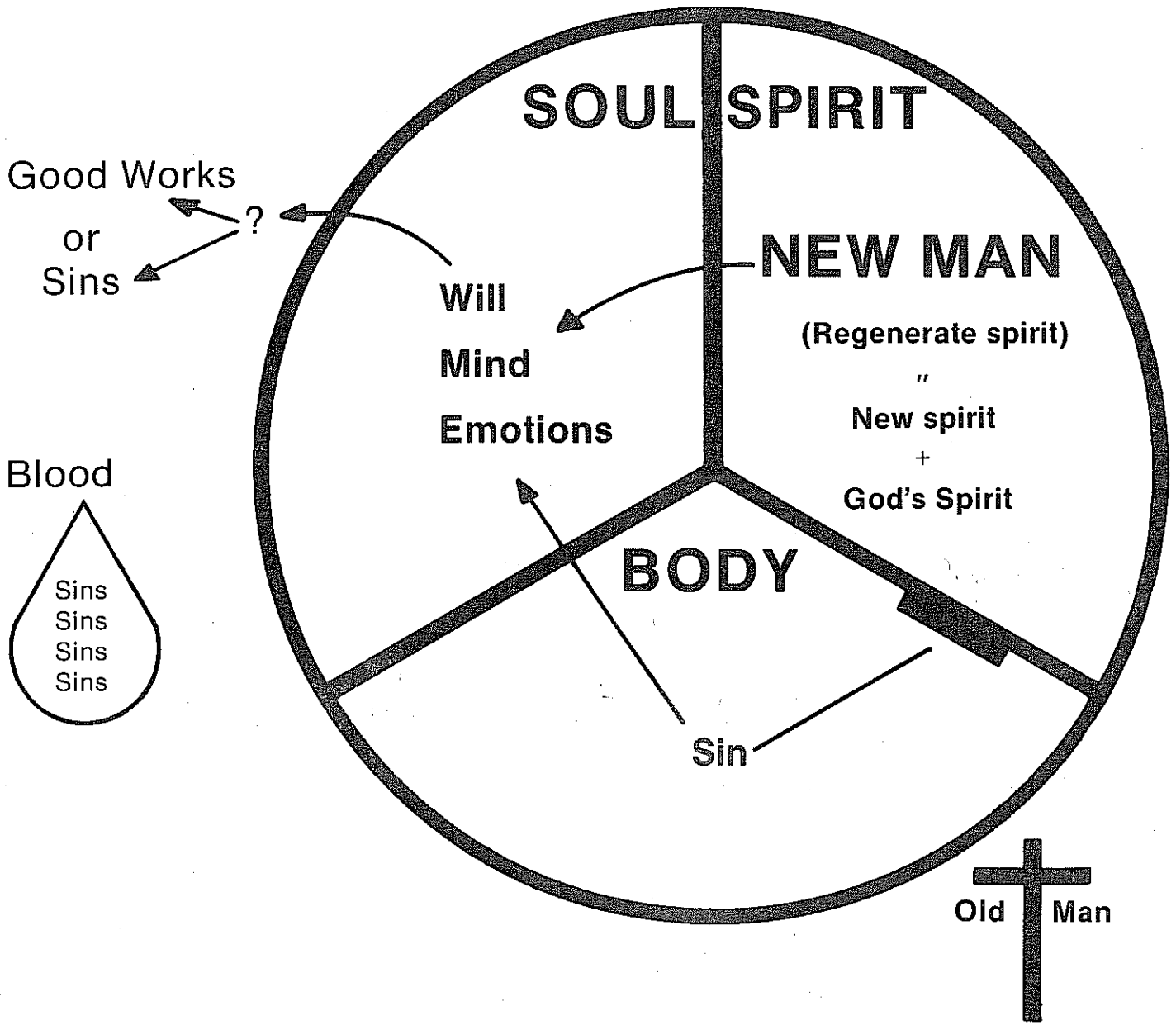
DEATH —

# NON-CHRISTIAN



**NOTES:**

# CHRISTIAN



**NOTES:**

*Ezekiel 36:25-27*

# DEFINITION of TERMS

## Various Usages

## Translation of Greek Terms

OLD MAN  
OLD SELF  
OLD NATURE



OLD MAN

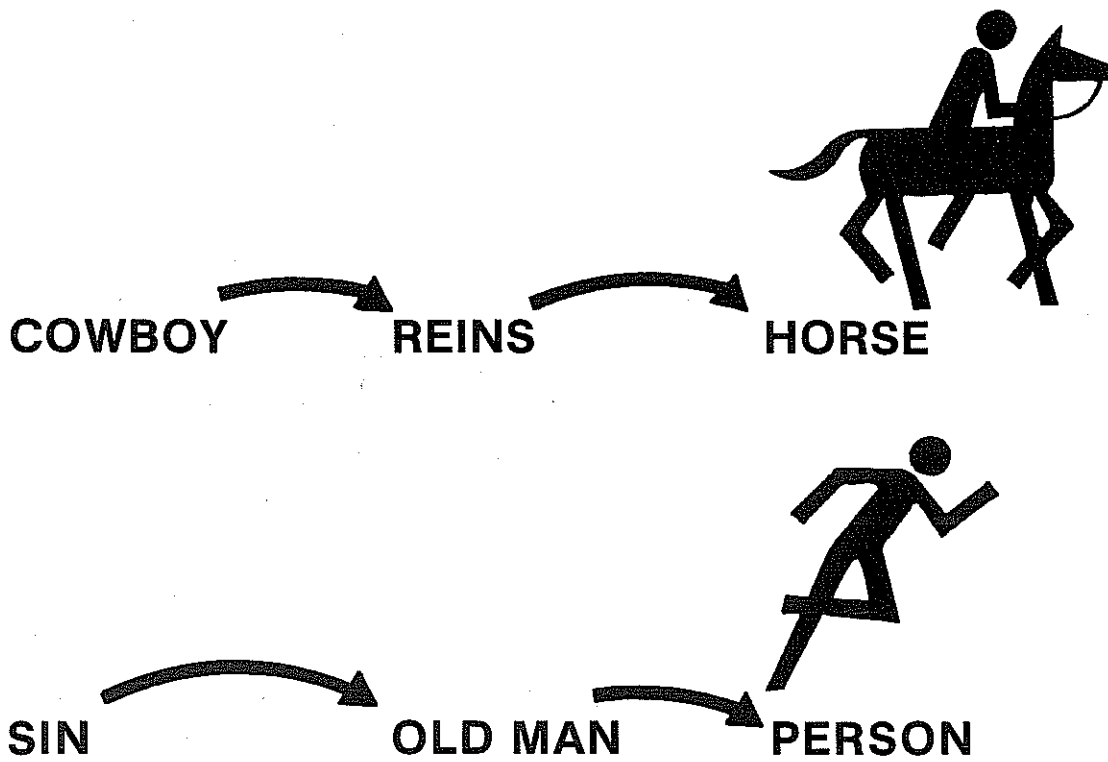
SELF or SELF-LIFE  
FLESH  
SINFUL NATURE



FLESH

SIN (Power of Sin)

SIN



# The Believer's Victory

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## More Than Conquerors?

### **I. Introduction:**

### **II. The World's Method of Achieving Victory in One's Life:**

### **III. Some Deceptions Regarding Victory:**

# Analysis of the Law of Sin and Death

Romans 8:2

**Law** - A rule or principle stating something that always works in the same way under the same conditions.

**Sin** - An unholy force or power which is in me but not me. Sometimes refers to powers from without. (The source of temptation from within.)

Romans 7:17 and 20. As used in Romans 6, 7, and 8 this word does not refer to our disobedience or missing the mark as in I John 1:9.

**Death** - Weakness carried to its end (extremity).

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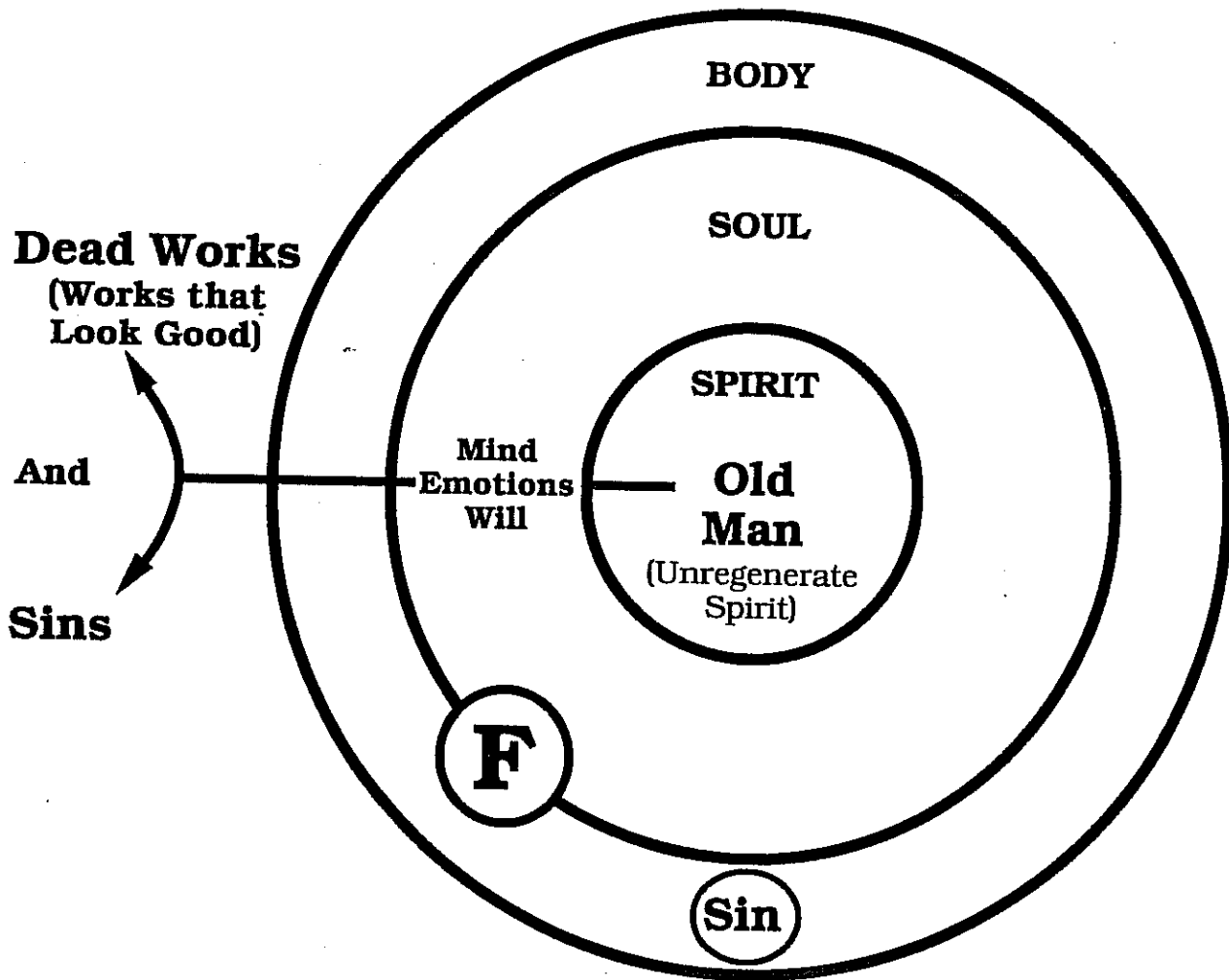
Notes:

**Law** -

**Sin** -

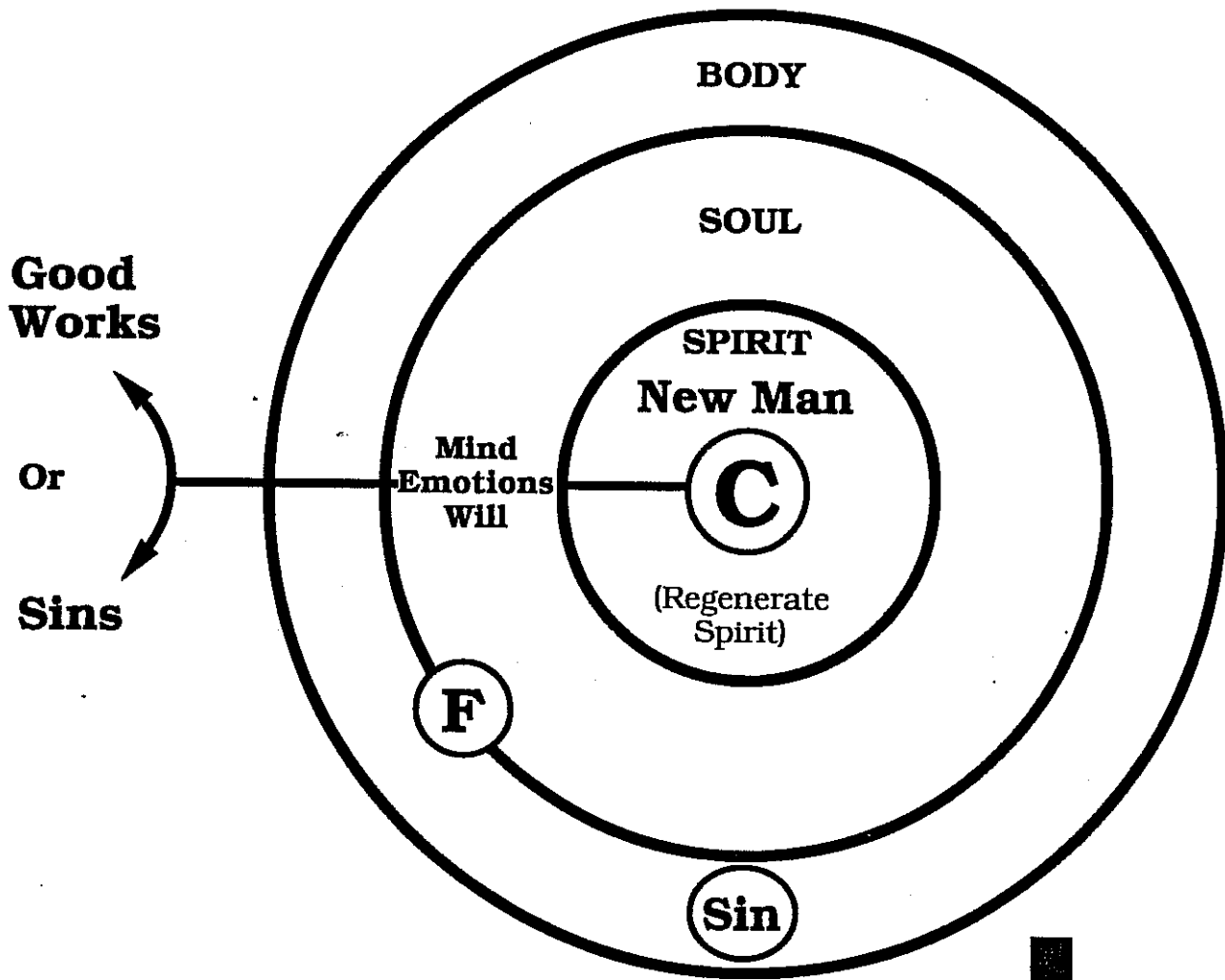
**Death** -

# Non-Christian



**Notes:**

# Christian

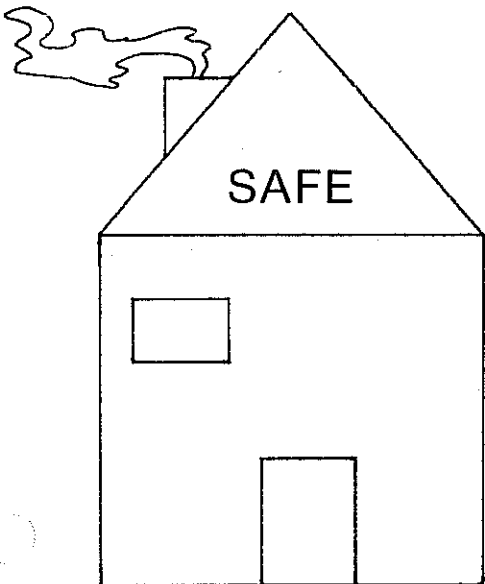
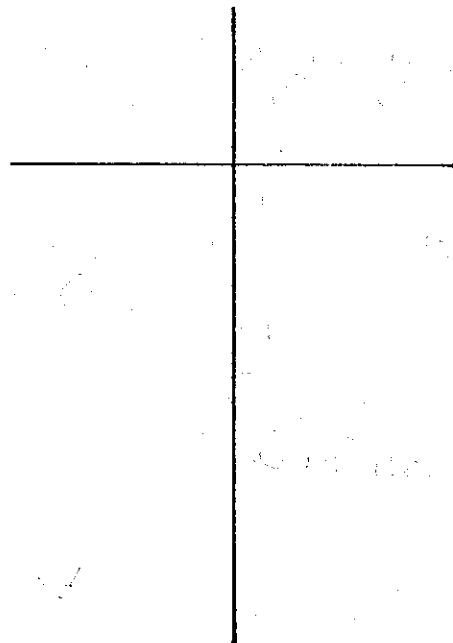
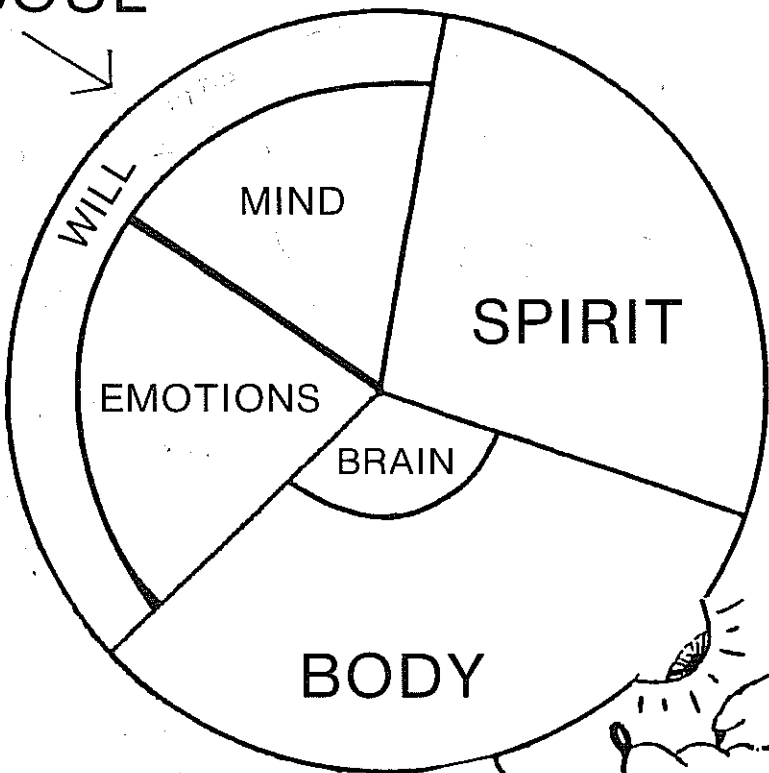


Notes:



Ezekiel 36:25-27  
JER 31:

SOUL



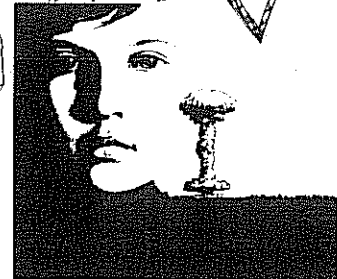
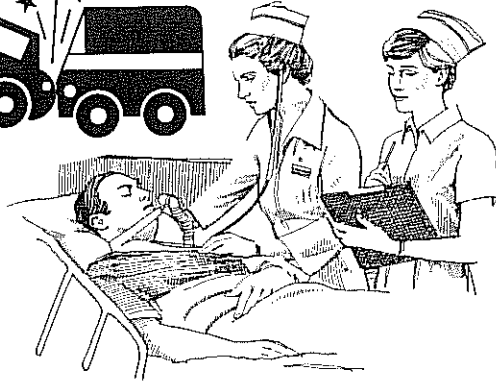
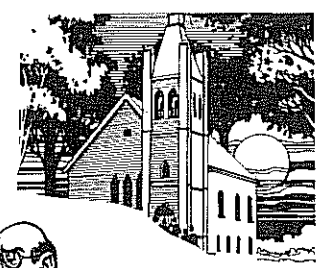
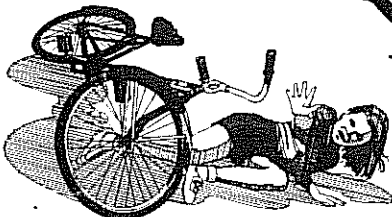
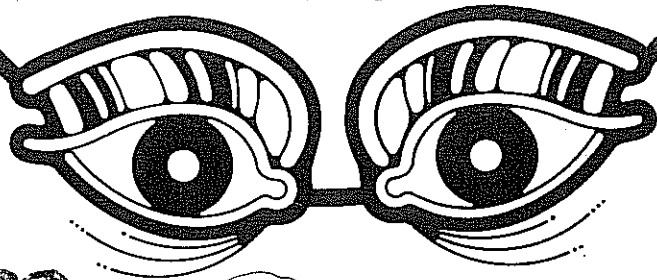
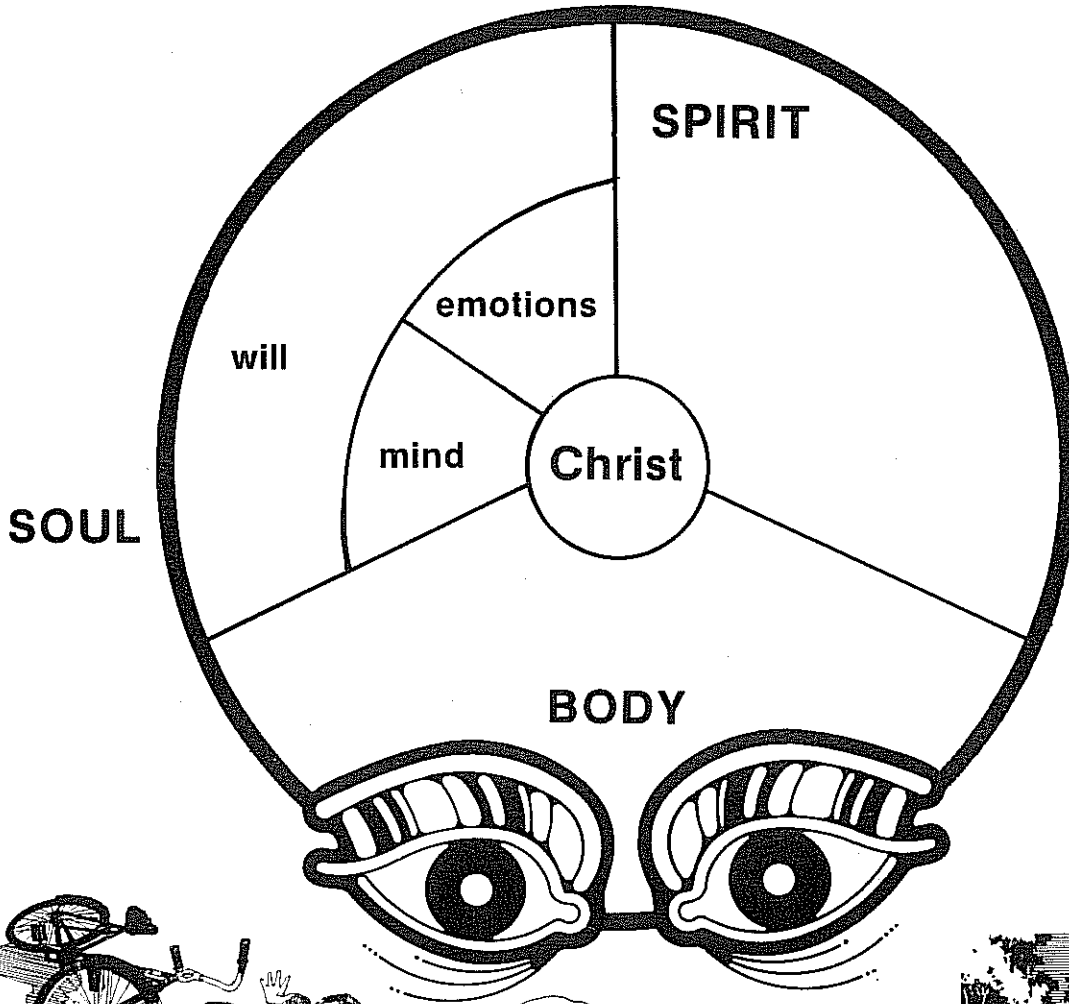
1

2

3

4

# SETTING THE MIND



# WHAT HAPPENED TO ME?

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|                                |  |
|--------------------------------|--|
| Rom. 5:1                       | I have been justified (completely forgiven and made righteous):  |
| Rom. 6:1-6                     | I died with Christ and died to the power of sin's rule on my life.   |
| Rom. 8:1                       | I am free forever from condemnation.   |
| I Cor. 1:30                    | I have been put into Christ by God's doing.  |
| I Cor. 2:12                    | I have received the Spirit of God into my life that I might know the things freely given to me by God.   |
| I Cor. 2:16                    | I have been given the mind of Christ.  |
| I Cor. 6:19,20                 | I have been bought with a price. I am not my own. I belong to God.   |
| II Cor. 1:21 &<br>Eph. 1:13,14 | I have been established, anointed, and sealed by God in Christ and have been given the Holy Spirit as a pledge (a deposit/down payment) guaranteeing my inheritance to come. |
| II Cor. 5:14,15                | Since I have died, I no longer live for myself, but for Him (Christ).  |
| II Cor. 5:21                   | I have been made righteous.  |
| Gal. 2:20                      | I have been crucified with Christ and it is no longer I who live, but Christ lives in me. (The life I am now living is Christ's life.)                                       |
| Eph. 1:3                       | I have been blessed with every spiritual blessing.   |
| Eph. 1:4                       | I have been chosen in Christ before the foundation of the world to be holy and without blame before Him.   |
| Eph. 1:5                       | I was predestined (determined by God) to be adopted as a son.  |
| Eph. 1:7,8                     | I have been redeemed, forgiven, and am a recipient of His lavish grace.  |
| Eph. 2:5                       | I have been made alive together with Christ.   |
| Eph. 2:6                       | I have been raised up and seated with Christ in heaven.  |
| Eph. 2:18                      | I have direct access to God through the Spirit.  |
| Eph. 3:12                      | I may approach God with boldness, freedom, and confidence.   |
| Col. 1:13                      | I have been delivered (rescued) from the domain of darkness (Satan's rule) and transferred to the kingdom of Christ.   |
| Col. 1:14                      | I have been redeemed and forgiven of all my sins (the debt against me has been canceled). (see Col. 2:13,14)   |
| Col. 1:27                      | Christ Himself is in me.   |
| Col. 2:7                       | I have been firmly rooted in Christ and am now being built up in Him.  |
| Col. 2:11                      | I have been spiritually circumcised (my old, unregenerate nature has been removed).  |
| Col. 2:10                      | I have been made complete in Christ.   |
| Col. 2:12,13                   | I have been buried, raised, and made alive with Christ.  |
| Col. 3:1-4                     | I have been raised up with Christ. I died with Christ. My life is now hidden with Christ in God. Christ is now my life.  |
| II Tim. 1:7                    | I have been given a spirit of power, love, and self-discipline.  |
| II Tim. 1:9 &<br>Titus 3:5     | I have been saved and called (set apart) according to God's doing.   |
| Heb. 2:11                      | Because I am sanctified and am one with the Sanctifier (Christ), He is not ashamed to call me brother.   |
| Heb. 4:16                      | I have a right to come boldly before the throne of God (the throne of grace) to find mercy and find grace in time of need.   |
| II Pet. 1:4                    | I have been given exceedingly great and precious promises by God by which I am a partaker of the divine nature (God's nature).   |

# Clarification of the Term "Exchanged Life"

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The term "**exchanged life**" is taken from the well known passage in Isaiah 40:31. English translations refer to those who wait on or hope in the Lord being able to "renew" their strength. All commentaries and study Bibles that deal with this verse note that the literal translation of the Hebrew word for "renew" is "**exchange**." These people will **exchange** their strength as noted in verses 25-30 for the Lord's strength.

The term "**exchanged life**" is directly related to the believer's discovery of a new identity in Christ. The believer is a new creation, one born of God. What was once true is no longer true. J. Hudson Taylor made the English term "**exchanged life**" popular through his testimony of how God made him a new man. (Hudson Taylor's Spiritual Secret, chapter 14)

During conferences and in counseling we are sometimes asked to clarify what we are NOT saying when we use the term "**exchanged life**." The following clarification is born out of our desire to bring understanding to those who hear the message of the "**exchanged life**."

## **The Exchanged Life:**

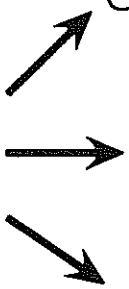
- is not a new teaching.
- is not sinless perfection.
- is not a life of passivity.
- is not a self-help teaching.
- is not an improved "old man."
- is not an undisciplined life.
- is not a second work of grace.
- is not a counseling technique.
- is not in any way defying mankind.
- is not instant change in behavior.
- is not a formula for self to imitate Christ.
- is not peace through changed circumstances.
- is not dying to self (wiping out our personality).
- is not a guarantee that circumstances will improve.
- is not a guarantee that emotions will line up consistently with truth.
- is not overlooking or approving sinful behavior (promoting license).

The Association of  
Exchanged Life Ministries Presents

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THE  
EXCHANGED LIFE CONFERENCE

JESUS CHRIST IS  SAVIOR  
LORD  
LIFE

*"I have been crucified with Christ,  
nevertheless I live ..." Galatians 2:20a*

# MINISTRY AND TRAINING PROGRAMS

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The desire of the members of the Association of Exchanged Life Ministries is to help equip members of the body of Christ to experience, mature in and effectively communicate the message of the cross in all its implications in their various spheres of influence so that all may know Christ as Savior, Lord and Life.

We are first and foremost an association of ministries committed to training others and guiding them toward meeting the above stated purpose. Many of the association members conduct Exchanged Life Conferences and Workshops. Internships are also offered as part of the equipping process. Our greatest ministry is in training peer counselors and pastoral counselors. We do not provide formal certification and are not affiliated with any educational institution.

Exchanged Life counseling is a Biblical Christ-Centered method of counseling. It is based upon Galatians 2:20a, "I have been crucified with Christ, and I no longer live but Christ lives in me." Most Christians have been taught that Christ died for their sins, but few have been taught the truth of their death in Him. Consequently, few Christians find victory in their lives. Although they have been set free from the penalty of their sins, they have not yet experienced freedom from the domination of the flesh.

The message of the believer's identity with Christ is not new. It has been discovered, lived and preached by great men of the faith down through the years. Members of the association believe they are effectively using the truths of the "Exchanged Life" as a counseling method. These truths have been used successfully to set thousands free from the bondage of the self-life.

In addition to training, most association members provide counseling which is available to those who desire individual or familial help.

# EXCHANGED LIFE ASSOCIATION MEMBER OFFICES

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## ALPHA COUNSELING SERVICES

20700 Bond Rd. N.E., Suite A  
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Richard Maxwell - Director  
206-779-3624

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205-263-6749

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Blake Rymer - Director  
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## EXCHANGED LIFE MINISTRIES

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404-750-1970

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Dr. John Best - Director  
214-680-8541

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Mary Wilkinson - Director  
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## GRACE FELLOWSHIP OF GREATER WASHINGTON D.C.

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Loren Bruce - Director  
703-266-7818  
703-349-8290

## HIS LIFE MINISTRIES

1722-W South Glenstone Ave.  
Suite 201  
Springfield, MO 65804-1552  
Jeanie Cabot - Director  
417-882-7121

# SCHEDULE

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We are **so** happy that you are here! Our desire is for God's very best for you in every way.

We will try to honor your time by adhering as closely as possible to the schedule below. Will you help us to do this by being in your place promptly at the beginning of each session and after breaks?

## THURSDAY

Registration  
Introductory Remarks and Overview  
The Nature of the Flesh  
BREAK  
The Nature of the Flesh (Continued)

## FRIDAY

7:00 pm The Exchanged Life - "Wheel & Line"  
BREAK  
Journey to the Cross

## SATURDAY

9:00 am The Counselling Interview  
BREAK  
The Believer's New Identity  
LUNCH  
Exchanged Life Training Opportunities  
(Passing out of information sheets)  
The Believer's Victory  
Living the Exchanged Life

Pre-recorded Tapes of the entire Exchanged Life Conference are available at the Booktable or from Cross Life Expressions Bookstore  
4891 Independence St.  
Suite 170  
Wheat Ridge, CO 80033  
303-431-8100